

WAKO C Class Event

„Silver Griffin Cup 2019”
(Creative Forms, Kick-Light, Full,K-1)



Latvian Kickboxing Federation & Sport Society „SEDNA”

in cooperation with

Sport Department of the Ministry of Education and Science of LR,
Council of Latvian Sport Federations,
Rezekne City Council and Sport Department of the Rezekne City

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Rezekne, Latvia 06-08.09.2019

City of seven hills, Heart of Latgale

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Event Regulation

Event Date	06-08th September, 2019
Invitation	Latvian Kickboxing Federation invites all martial art representatives to participate in Latvia C Class Event “Eastern Europe Kickboxing Cup - Silver Griffin Cup 2018”, which will be held in 06-08th September, 2019 at Rezekne, Valsts robežsardzes koledža, Zavoloko iela 8, LV 4600. Championship is organized by Latvian Kickboxing Federation and sport society “SEDNA” in cooperation with Sport Department of the Ministry of Education and Science of LR, Council of Latvian Sport Federations, Rezekne City Council and Sport Department of the Rezekne City. Mobile Phone Nr.: +371 29100 236, info@wakolat.lv
Chief Referees	Jurijs Bratčenko Mobile Phone Nr.: +371 26167552
Schedule	<p><u>06th of September, 2019</u></p> <p><i>Registration and weighting:</i> From 11:00 – 14:00 <i>Referee and coach seminar:</i> From 15:00 – 17:30 <i>Drawing:</i> From 18:00 – 19:30</p> <p><u>07th of September, 2019</u></p> <p><i>Open Ceremony:</i> From 9:30 – 10:00 <i>Preliminary rounds (fights)</i> From 10:00 – 15:00 <i>Gala Fight Night</i> From 16:00 - 18:00 (<i>donation for the support and rehabilitation of children to the society “Autisma atbalsta punkts Rezeknē”</i>) <i>Referee and coach seminar:</i> From 18:00 - 19:00</p> <p><u>08th of September, 2019</u></p> <p><i>Preliminary and final fights</i> From 10:00 - 15:30 * <i>Awarding ceremony will open from 13:30</i></p>
Rules	Championship is an official Eastern Europe Open WAKO cup. Championship will be help using WAKO rules. On preliminary agreement with the organizing committee, judges from counties-participants are welcome, please note WAKO rules for judges.
Medical service	Championship organizer is responsible for providing medical service to official championship participants during the championship (in accordance with their health insurance). Each participant must have a valid identity document (with photo) and a medical certificate, signed by a doctor. In case of need sportsmen will be able to undergo medical check during the registration for additional fee (5 EUR). All participants, who do not have a medical certificate, will not be allowed to compete!
Medals and awarding	Winners of 1st place will be awarded with a medal, diploma and commemorative prize, 2nd and 3rd places – diploma and medal. Teams will be awarded with championship cups!
Equipment	All participants must have their own protective gear and uniform according to WAKO rules http://www.wakoweb.com
Flags	All international teams must submit their national flag during the registration.

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Participation fee	25 EUR (twenty five euro) for each participant in each discipline
Hotel	<p>The organizing committee is offering assistance in accommodation:</p> <ul style="list-style-type: none"> ● Robežsardzes koledža. (places 70, price 7 EUR per night without breakfast) ● Hostels (from 12 to 16 EUR per night without breakfast) ● other accommodation from 25 to 39 EUR with breakfast (Hotel Kolonna, Hotel Latgale, Hotel Restart, Hotel Ludza). <p>Applications for accommodation must be submitted before 14th of August 2019. Each team is itself responsible for all expenses carried by the team (starting fee, accommodation, transportation, meals, etc.).</p>
Application and registration rules	<ul style="list-style-type: none"> ● All applications submitted after the deadline are subject to an additional fee in the amount of one participant (25 EUR). ● Late registration is subject to an additional fee of 5 EUR per participant. ● The weight fail is subject to an additional fee for a specific participant in the amount of 10 euros ● A team that does not provide a judge (of any category, also internship students) is subject to an additional team fee of 25 euros.
Application deadline: 14th of August 2019	
Application forms:	<p>Applications can be submitted by e-mails: info@wakolat.lv Mobile phone number.: +371 29100236</p>

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Disciplines and rules (WAKO Creative Forms)

MUSIC: Creative Forms Competitors cannot use Music of any sort, ALL FORMS will be performed WITHOUT MUSIC

AGE: For Creative forms competition the allowed age groups are:

- CHILDREN 7 - 8 - 9 year old (Boys and Girls)
- YOUNGER CADETS 10 - 11, 12-13 year old (Boys and Girls)
- OLDER CADETS 14 - 15 year old (Boys and Girls)
- JUNIORS 16 - 18 year old (Men and Women)
- SENIORS 19 + year old (Men and Women)

All for Boys, Girls, Ladies & Men will be separated Art. 4. AGE CATEGORY SPECIFICATIONS: Age divisions will be determined in the following manner at All WAKO Championships: A competitor will be placed in an age division according to their Date of Birth.

DIVISIONS: In Creative Forms competitions there are 10 divisions

- **Men, Women:** Creative Open Hand, Creative Weapons, Open Hand, Weapons and Teams
- **Boys and Girls:** Open Hand, Weapons and Teams



* WAKO Rules Creative Forms

<http://www.wakoweb.com/en/doc/1157/559c12e2c8ea411cb02226990ff24609/download/>

Confirmed by WAKO LATVIA - LKF Executive Council 7th of July, 2019

Nikolajs Pusnakovs, President, LKF - WAKO LATVIA

Darja Strutinska, General Secretary, LKF - WAKO LATVIA

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Disciplines and rules (Kick-Light)

WAKO KICK-LIGHT															
Small Children *		Children *		Younger Cadets *		Older Cadets		Younger Juniors		Juniors		Seniors		Veterans	
Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Male	Female	Male	Female	Male	Female	Male	Female
KL-SCB-67	KL-SCG-67	KL-CB-89	KL-CG-89	KL-YCB-1011	KL-YCG-1011	KL-OCB-1213	KL-OCG-1213	KL-YJM-1415	KL-YJF-1415	KL-JM-1618	KL-JF-1618	KL-SM-1940	KL-SF-1940	KL-VM-41-45	KL-VF-4145
Years 6-7		8-9		10-11		12-13		14-15		16-18		19-40		41-45	
-23	-23	-23	-23	-28	-28			-42	-42	-52	-50	-52	-50	-63	-55
-26	-26	-26	-26	-32	-32			-47	-46	-57	-55	-57	-55	-74	-65
-29	-29	-29	-29	-37	-37	-42	-42	-52	-50	-63	-60	-63	-60	-84	+65
-32	-32	-32	-32	-42	-42	-47	-46	-57	-55	-69	-65	-69	-65	-94	
-37	-37	-37	-37	-47	-47	-52	-50	-63	-60	-74	-70	-74	-70	+94	
+37	+37	+37	+37	+47	+47	-57	-55	-69	-65	-79	+70	-79	+70		
						-63	-60	+69	+65	-84		-84			
						-69	-65			+84		-89			
						+69	+65					-94			
												+94			

[WAKO rules tatami sports, Kick-Light rules](http://www.wakoweb.com/en/doc/1011/335a881ed7aa4315b53e1ed2b6a8d023/download/)
[http://www.wakoweb.com/en/doc/1011/335a881ed7aa4315b53e1ed2b6a8d023/download/](http://www.wakoweb.com/en/doc/13/811e0f0bc3ae460ba810a5f86bfade49/download/)
<http://www.wakoweb.com/en/doc/13/811e0f0bc3ae460ba810a5f86bfade49/download/>

** Participation in categories (small Children, Children, Younger Cadets) in the WAKO kick-light section must be confirmed and signed by the coach or parent in additional agreement at the registration time.*

Confirmed by WAKO LATVIA - LKF Executive Council 7th of July, 2019

Nikolajs Pusnakovs, President, LKF - WAKO LATVIA

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Disciplines and rules (FULL & K-1)

WAKO FULL/K-1							
Older Cadets *		Younger Juniors		Juniors		Seniors	
Years 13-14 (with coach and parent legal agreement)		15-16		17-18		19-40	
Boys	Girls	Male	Female	Male	Female	Male	Female
FC-OCB-12-13 K1-OCB-12-13	FC-OCG-12-13 K1-OCG-12-13	FC-YJM-14-15 K1-YJM-14-15	FC-YJF-14-15 K1-YJF-14-15	FC-JM-16-18 K1-JM-16-18	FC-JF-16-18 K1-JF-16-18	FC-SM-19-40 K1-SM-19-40	FC-SF-19-40 K1-SF-19-40
-42	-42	-42	-40	-51	-48	-51	-48
-45	-46	-45	-44	-54	-52	-54	-52
-48	-50	-48	-48	-57	-56	-57	-56
-51		-51	-52	-60	-60	-60	-60
		-54		-63.5	+60	-63.5	-65
		-57		-67		-67	+65
				-71		-71	
				-75		-75	
				-81		-81	
				-86		-86	
						-91	
						+91	

WAKO rules rings sports, Wako FULL, WAKO K-1
<http://www.wakoweb.com/en/doc/1001/4d28bdc6b35a431f8ac96fa0c526c9c0/download/>
<http://www.wakoweb.com/en/doc/1002/de7b5d03426b40a3bd875b37c2b84504/download/>
<http://www.wakoweb.com/en/doc/1004/8d599c4cbe144af699d21471c4a70e9a/download/>

** Participation in categories (small Children, Children, Younger Cadets) in the WAKO FULL/K-1 disciplines must be confirmed and signed by the coach or parent in additional agreement at the registration time.*

Confirmed by WAKO LATVIA - LKF Executive Council 7th of July, 2019

Nikolajs Pusnakovs, President, LKF - WAKO LATVIA

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