



Report from
Antalya, Turkey
27-30 November

INSPIRED BY IOC LEARN AND SHARE WHERE THE OBJECTIVE IS TO
LEARN, SHARE, REFLECT, EDUCATE, RESPECT, CARE,
PREVENT, RAISE AWARENESS AND TO ACT

Presenting Athlete365 Career+ programme

Playing Talentsort cards

Looking to Occupation table

Using tablets and the sportupyoulife app and athlete 365 pages.

Going through some of the key elements of the programme, such as Balancing Sport and Education.

Thank You!



Representative was Milos Milenkovic from Serbian Olympic Committee.





Athlete Committee
Coach Committee
Women Committee

Woman Committee;
Promoted a new announced GENERATION EQUALITY UN Women campaign which is to mark 25th anniversary of the Beijing Declaration and Platform for Action.

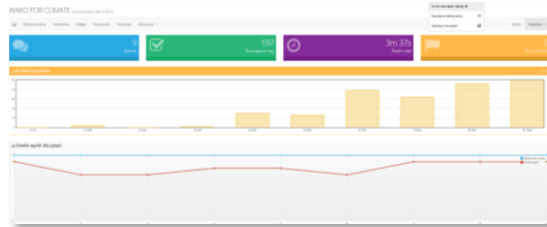
Distribution of orange bows to remind about Orange Day action – Stop Violence Against Women and Girls.

Campaigning WAKO For Climate with material and quiz was also about climate. 197 persons completed.

Athlete Committee;
Available for all athletes promoting rights and possibilities for all athletes. Leaflets.

Coaching Committee;
Promoting the importance of a coach. Leaflets about health, weight-reduction and nutrition. Available for all athletes

Thank You!



WAKO's mission is to place Athletes at the heart of the Sport of Kickboxing as the most important units of it, and the WAKO Athletes' Committee serves as the link between the Athletes and WAKO.

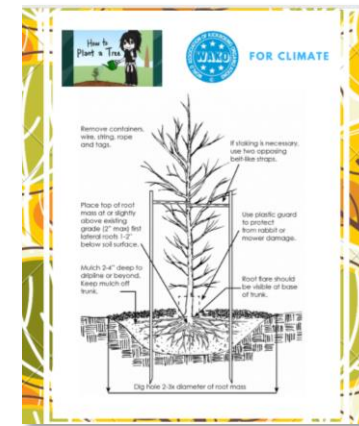
The Mission of the WAKO Athletes' Committee (WAKO IF AC) is to

- ▶ Support and protect clean and fair sport
- ▶ Empower and ensure athlete representation in WAKO decision-making processes
- ▶ Support Athlete development in their sporting and non-sporting careers
- ▶ Providing advices to the WAKO IF Board of Directors
- ▶ Ensure communication between the Athletes and WAKO
- ▶ Maintain a link with the IOC Athletes' Commission
- ▶ Close cooperation with other WAKO Committees
- ▶ To engage in social integration projects

Current Main Initiatives of the WAKO IF AC

- ▶ International Development Seminar Program collaborating with WAKO NFs all around the world. Professional courses for Athletes, Coaches and Referees by world class instructors of WAKO
- ▶ Gender Equality: Equal prize money for Female and Male Athletes of all times
- ▶ Rules Amendment Recommendations: Providing proposals to the WAKO IF Board of Directors regarding rules based on real feedbacks from WAKO individuals

Do not hesitate to contact the Chairman of WAKO IF AC, Mr. Zsolt MORADI – zsolt.moradi@wakoeb.com – if you have any questions or requests to the WAKO Athletes' Committee!



"Generation Equality: Realizing women's rights for an equal future"

Began in 1995, almost 25 years ago with the most visionary Beijing Declaration and Platform for Action. The great movement on equal rights for women has been initiated by the previous generations and is continued by the next. Multigenerational Generation Equality campaign is to join the experience and knowledge of elders and energy and enthusiasm of young people. Only the understanding and joint actions of people of all ages will lead us to full achievement of gender equality in the world.

We collectively demand:

- WE DEMAND EQUAL ECONOMIC RIGHTS AND OPPORTUNITIES FOR ALL
- WE DEMAND ENVIRONMENTAL JUSTICE
- WE DEMAND FREEDOM FROM VIOLENCE AND DISCRIMINATION
- WE DEMAND JUSTICE AND PEACE FOR ALL!
- WE DEMAND EQUAL PARTICIPATION IN POLITICS AND DECISION-MAKING
- WE DEMAND ACCESS TO SEXUAL AND REPRODUCTIVE HEALTH AND RIGHTS

We have to ensure healthy athletes stay healthy.

Healthy sports

Information for coaches

Perform better eat smart

WHAT IS CLIMATE CHANGE?

Climate Change (Global Warming) is the name given to long term changes to temperature on and around the Earth's surface, which causes long term changes to weather patterns.

WHAT CAN YOU DO TO STOP IT?

- DRIVE LESS!** Because transport is responsible for 6% % of global oil consumption. 27% of all energy use 23 % of global CO2 emission.
- BUY LOCAL FOOD!** Because it prevents long transportation of food.
- USE YOUR OWN BAGS!** Because only 9 % of all plastic waste is recycled. Because up to 5 billion plastic bags are used every year.
- UNPLUG!** Because the less energy we use the climate is more safe.
- RECYCLE!** Because it will cause to natural resources savings.
- DON'T POSSESS TOO MUCH CLOTHES!** Because you will help to save water. Did you know 80000 liters of water is needed to produce one pair of jeans?
- EAT LESS MEAT OR GIVE IT UP!** Because you will save water and climate. Did you know that production of meat is responsible for 80% greenhouse gas emissions from agriculture?
- TAKE SHORTER SHOWERS!** Because you will help to save water resources.
- TURN THE LIGHT OFF!** Because you will save energy.

WAKO FOR CLIMATE

CHARACTERISTIC OF A TRAINER

- Knowledge: Planning & management, Philosophy of life & work
- Communication: Relationship to science
- Skills: Specificity of sport
- Belief: Leadership, Patient
- Focus: Relationship to other professions, Critical thinking, Social interaction
- Permanent Improvement: Handle group dynamics, Analysis & problem resolving

WAKO COACHES

BEHIND EVERY SUCCESSFUL ATHLETE THERE IS ALWAYS A COACH.





Anti-Doping campaign

Play True Quiz

Sign up for a doping free sport

Awareness

Personnel from Turkish Anti-Doping Commission



ATHLETE CENTRAL – WADA'S NEW WHEREABOUTS APP
Anytime-Anywhere

Now Available!

Athlete Central is the World Anti-Doping Agency's (WADA) new App that will facilitate athlete compliance with Whereabouts rules under the global anti-doping program. Athlete Central replaces WADA's current App that has been operational for a few years and required modernizing.

- ✔ Smart App for improved accuracy
- ✔ Location-based address recommendations
- ✔ Intuitive user interface requiring less support & training
- ✔ Supports all types of Whereabouts points, including Registered Testing Pools
- ✔ Improved adherence to the International Standard for Testing and Investigations (ISTI)
- ✔ A dedicated Help Desk

Thank You!



LEARNING – SHARING – REFLECTING – EDUCATING – RESPECTING – CARING – ACTING



Thank You!

Promoting peace through sport

Promoting refugee programme in Zaatary and the solid cooperation with Peace and Sport – Live Together!

Respect and care

Honorary guest, refugee coach Ali Hussein from Zaatary refugee camp in Jordan

Awarding President Fair Play Award




Did you know WAKO are a part of Live together program Peace and Sport in Zaatary Refugee Camp in Jordan?

- We help refugees, and have implemented a Self-Defence Program for Women.
- It is all about solidarity, inclusion, equality and to create opportunities -

Because we care!





DONATION TO THE LIVE TOGETHER PROGRAMME

LET US MAKE A DIFFERENCE FOR EQUALITY.

In partnership with Peace and Sport, WAKO have engaged in a important social project in Zaatary Camp for Syrian refugees. WAKO want to donate money in order to facilitate this project, to develop our training programme, to invest in facilities and to create pride.

PLEASE JOIN US TO DONATE



#becausewecare



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LEARNING – SHARING – REFLECTING – EDUCATING – RESPECTING – CARING – ACTING



Personell from International Chiropractic Federation delivering excellent service for athletes and the entourage all days of competition.

Solid service from Freya, Mustafa and Aurelie



Thank you!





LEARNING – SHARING – REFLECTING – EDUCATING – RESPECTING – CARING – ACTING

Athlete Corner Seminar

28 November at 19:00

Meeting room at Ozkaymak Hotel (Main Hotel)

1st edition

WELCOME REMARKS AND INTRODUCTION

Why Athlete Corner and why defining a social program?

OPENING ADDRESS BY IOC SPORTS DEPARTEMENT

IOC Sports Department

TO STAY CLEAN

It is all about the responsibility athletes have and how the entourage should support and raise awareness

SOCIAL INCLUSION

Borja Mendioroz from WAKO Spain share his experience working with disabilities for both training, well being and for competition

LIFE CHANGING POSSIBILITIES

Athlete Committee chairman together with Ali Hussein Alkhaldi talk about inclusion and how Because We Care gives hope to hundreds of children and women in Za'atary refugee camp



LEARNING

SHARING

REFLECTING

EDUCATING

RESPECTING

CARING

ACTING



LEARNING – SHARING – REFLECTING – EDUCATING – RESPECTING – CARING – ACTING



First edition of Athlete Corner Seminar conducted.

Main target group - Athletes.

Present approx 250 persons and the conference room was full.

IOC Sports Department was guests.

Thank You!



LEARNING – SHARING – REFLECTING – EDUCATING – RESPECTING – CARING – ACTING

Campaign promoting social inclusion initiatives in WAKO

«Did you know?»



ITALY

DID YOU KNOW THAT OUR ITALIAN FEDERATION IS HEAVILY INVOLVED IN THE PROGRAMS IN CHARITY?

ALL IN ALL A WORLD CLASS COACHES AND FORMER WORLD CHAMPIONS ARE INVOLVED IN THE IMPLEMENTATION AND DEVELOPMENT OF OUR PROGRAMS FOR STRONG ACTIVITIES. 2 OF THEM FROM ITALY. HOWEVER THE ITALIAN TEAM ALONE ARE: GIAMPAOLO CALAJO, EMANUEL BOZZOLANI, DOMENICO MANFARINI AND SILVIA LIBRIZZI.

THANK YOU FOR ENGAGING IN THIS IMPORTANT MISSION. FIKBMS PRESIDENT DONATO MILANO, YOU SHOULD BE VERY PROUD OF YOUR TEAM.

INDIA ACTIVITIES

DID YOU KNOW THAT WAKO INDIA HAVE WOMEN EMPOWERMENT PROGRAMMES INCLUDING SELF DEFENCE?

THANK YOU PRESIDENT SANTOSH AGRAWAL KEEP UP THE WORK.

Live Together Program ZA'ATARY REFUGEE CAMP

DID YOU KNOW FOR INVOLVED WAKOS IN WORKING WITH REFUGEES?

Through its cooperation with Peace and Sport WAKO is a part of the Live Together program with 27 national federations and 1000 athletes. We develop projects and programs that help refugees to find a better life and to integrate into the society. We focus on: Self defence, language, literacy and financial education and we use our wonderful sport as a tool.

Simply because it matter to give hope and future to our fellow humans to come.

The other partners in this program are: UNICEF, IFC, Jordan Olympic Committee, WAKO and other international federations.

We salute especially our coaches: Ali and Nassim who are among our heroes to make things happen.

Thank you IFC, Glasgow, Trill, London, Lima, Zurich, Bergamo, Bari, Ginevra.

IRISH OPEN COOPERATION WITH ISPC

4000 athletes All under 16 CHARITY - Children protection programme - 17 years

Approx 145.000 EURO

Irish Open Cooperation with ISPC

Over you know that the Irish Federation for 27 years have had a cooperation with ISPC - CHILDLINE protection programme. During the last 17 years the Irish Open have collected over 145,000 euros for this charity programme.

Thank you President Roy Baker.

This is just amazing.

SOUTH AFRICA VERY ACTIVE

DID YOU KNOW THAT OUR SOUTH AFRICAN FEDERATION WORK ON ANTI-RAPE, ANTI-DRUG, ANTI-BULLYING AND SELF-DEFENCE WORKSHOPS? OR EVEN THAT THEY WORK WITH CANCER AWARENESS CAMPAIGN UNDER THE MOTTO "IN THIS FAMILY NO ONE FIGHTS ALONE"

THANK YOU PRESIDENT PAT CARNEY AND THE MACHINE ASLAM MANGOME.

Kickboxing creates hope in Palestine

PALESTINIAN ACTIVITIES IN REFUGEE CAMPS

DID YOU KNOW THAT OUR PALESTINIAN FEDERATION DEVELOP ACTIVITIES IN REFUGEE CAMPS OFFERING SELF-DEFENCE, TRAINING, WORKSHOPS, LOCAL CHAMPIONSHIPS, FITNESS TRAINING INFRASTRUCTURE AND DONATION OF EQUIPMENT?

Thank you President Samir Athamnia and Nizar Taha for their engagement.

GUATEMALA FOCUS ON FOSTER KIDS

DID YOU KNOW THAT OUR GUATEMALA FEDERATION WORK WITH A FOSTER KIDS PROGRAMME NAMED "FUNDACIONES" TEACHING ORPHAN KIDS KICKBOXING?

NOT TO SAY THE PROJECT THE FEDERATION HAVE WITH THE GUATEMALA CITY TOWN HELPING 200 KIDS OUT OF THE POVERTY GIVING THEM HOPE, RESPECT AND FRIENDSHIP.

THANK YOU PRESIDENT ANDRES GARCIA. THIS IS AMAZING!

IVORY COAST & GHANA

DID YOU KNOW THAT OUR REPRESENTATIVE IN IVORY COAST AND GHANA HAS HIS OWN MED. FITNESS CHARTER REVIEW THROUGH THIS WE CAN PROMOTE HEALTH AND UNITY IN AFRICA.

HE TOOK THE INITIATIVE FOR STARTING KICKBOXING IN REFUGEE CAMPS IN GHANA AND IVORY COAST SUPPORTED BY UNICEF IN GHANA. IN ADDITION HE CREATED A PROGRAM FOR DONATION OF KICKBOXING EQUIPMENT TO THE SAME CAMPS.

THANK YOU PARFAT WE NEED PEOPLE LIKE YOU.

VENEZUELA

DID YOU KNOW THAT DURING THE 4TH BELIVARIAN KICKBOXING CHAMPIONSHIP AND FOR THE FIRST TIME IN THE WORLD HISTORY OF OUR SPORT IN VENEZUELA?

MARKING AN UNPRECEDENTED EXAMPLE CREATING THE FIRST NATIONAL TEAM OF CHILDREN AND ADULTS WITH SPECIAL CONDITIONS AND DISABLED PEOPLE.

THANK YOU PRESIDENT DARIO ALVARADO FOR THE INITIATIVE!

PARA KICKBOXING IN TURKEY

DID YOU KNOW THAT WAKO TURKEY HAVE DEVELOPED TRAINING AND CHAMPIONSHIPS FOR DISABLED ATHLETES AND ALSO ASSISTING THEIR REFEREES TO THESE ORGANIZATIONS?

THE MOTTO IS "KICKBOXING DOESN'T REPRESENT ANY OBSTACLE IN THE TURKISH FEDERATION HAVE KICKBOXING TRAINING FOR REFUGEES."

THANK YOU PRESIDENT SALIM KARCI!

MEXICO

DID YOU KNOW THAT WAKO MEXICO ARE A PART OF A CHARITY PROJECT DURING WINTER TIME COLLECTING BLANKETS AND CLOTHES FOR POOR CHILDREN, ORPHAN KIDS AND OLD PEOPLE. THEY WORK WITH AFFILIATED SCHOOLS AND IS A PART OF A MEXICAN REPUBLIC PROGRAM.

THANK YOU PRESIDENT FERNANDO GRANDOS FOR THE INITIATIVE!

SYSTEMATIC SPORT INTEGRATION MODEL IN HUNGARY

Systematic Sport Integration model in Hungary

DID YOU KNOW THAT THE HUNGARIAN FEDERATION THEY HAVE A PROJECT OF SYSTEMATIC SPORT INTEGRATION FOR YEARS NOW AND AS A CONSEQUENCE OF THE GYPSY INTEGRATION IN THE COUNTRY?

THANK YOU ISTVAN KIRALY FOR THE ENGAGEMENT.

SINGAPORE DELIVER BEST PRACTICE

DID YOU KNOW THAT WAKO SINGAPORE REALLY HAVE SOME GREAT INCLUSIVE PROJECTS?

WORKING WITH PARKINSON PATIENTS IN ORDER TO SLOW DOWN THE PROGRESSION OF THE DISEASE.

WORKING WITH THE SINGAPORE NATIONAL STROKE ASSOCIATION.

WORKING WITH PRIMARY SCHOOL WITH I-AM-POSSIBLE AN OUTREACH PROGRAMME.

WOW AND THANK YOU PRESIDENT JASON LIM. YOU ARE AN EXAMPLE TO FOLLOW.

1ST SPANISH CHAMPIONSHIP FOR DISABILITIES (DOWNS SYNDROME)

DID YOU KNOW THAT THE SPANISH FEDERATION HAVE A SYSTEMATIC TRAINING PROGRAMME FOR PEOPLE WITH DOWNS SYNDROME?

IN 2019 THEY HAD A DEMONSTRATION COMPETITION FOR THIS GROUP FANTASTIC. WE EVEN KNOW THAT SLOVENIA AND NORWAY WILL EXPLOIT THIS GOING FORWARD.

THANK YOU TO PRESIDENT JESUS EGUA AND TO THE MACHINE BORJA MENDIROS.

Development of the concept Athlete Corner

Athlete Corner
Exhibition



1-2 times a year in Championships

Continental development

Athlete Corner
Seminar



Once a year in World Championships

Athlete Corner
Digital



Create a simple tool to be used as a mobile version

Integrity platform (anti-manipulation test) modules

Athlete 365

Anti-Doping modules

Clean athlete sign up

Injury prevention

Nutrition and Weight-reduction

Athlete and Coaching portals

Gender balance

Because We Care





Thank You!

Thank you Partners;

IOC Sports Department, Serbian Olympic Committee, Turkish NADO, Peace and Sport, FICS

Thank you Speakers;

Borja Mendioroz, Gianlorenzo Daniele, Zsolt Moradi, Gianpaolo Calajo, Ali Hussein Alkhaldi

Thank you Committees;

WAKO Athlete, Coach, Women, Medical and Media Committees. We expect solid service from our partners, but as President I am extremely proud of the passion, dedication and contribution from the Committees and those active in Antalya;

Zsolt Moradi, Daimi Akin, Kate Kocizewska, Zeljko Pelevic, Marijana Pelevic, Pooja Harsha, Ozge Kayici, Mariana Contreras, Kuldeep Kumar, Cebail Gencoglu, Kaan Kayici - What a team!

Thank you to our excellent host Salim Kayici and his team. Last but not least, Thank You to our honorary guests in Antalya Ali Hussein Alkhaldi and Oday Al Khozai that makes us understand the need to go beyond the competition arena and create a positive change in the world through engagement, empowerment and empathy, the foundations of a productive society and world.

You all rock!



Rafael Baker

WAKO IF President