

# Implementation guide of Inclusive Parakickboxing in National Federations

With the aim of promoting the inclusion and development of inclusive Parakickboxing worldwide, this guide establishes the fundamental steps and requirements for federations to integrate this modality into their structure.

### 1.Inclusion of Parakickboxing in the Federation

- Incorporate Inclusive Parakickboxing into the official statutes of the federation.
- Register the mittens modality as an additional style within the Tatami Sport modalities promoting its practice and competition.
- Request recognition from the sports authorities and the Olympic Committee of each country.

#### 2.Necessary Resources

To ensure the correct implementation of Parakickboxing, federations must have the following resources:

### a. Specialized Classifiers (regional and national)

A multidisciplinary team in charge of classifying athletes. This team must be composed of:

- Disability specialists
- Doctors
- Psychologists
- Physiotherapists

The purpose of this team is to evaluate and certify athletes in their official sports class, so that they can participate in championships:

1.Regional 2.National 3.International







## **b. Specialized Arbitrators**

• Designate and train referees in the specific rules of Parakickboxing.

### c. Sports Technicians and Assistants

• To train sports technicians and assistants with knowledge in both Kickboxing and the management of athletes with disabilities.

## 3. Administrative Organization

• Create an **Inclusive Parakickboxing Department** within the federation or designate a person responsible for its development. This department will be in charge of coordinating activities, managing resources and monitoring the progress of Parakickboxing in the country.

## 4.International Support

**WAKO International's Inclusive Parakickboxing** Department is available to support federations in the following areas:

- **Classification of athletes:** Providing assistance and support in the certification and evaluation process until they have a trained team.
- **Training:** Organizing courses and training for classifiers, technicians and assistants according to the needs of each country.

This guide aims to facilitate the integration of Parakickboxing at the national and international level, promoting inclusion and equal opportunities in the sport. For further information or support, federations can contact the WAKO International Inclusive Parakickboxing Department at: parakickboxing@wako.sport

International Committee of WAKO Inclusive Parkickboxing

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