



WAKO Policy

- *Women in kickboxing* -

WAKO places a great emphasis on the participation of women in the organization at all levels within its infrastructure. Kickboxing, as most of the fighting sports, Kickboxing is a sport primarily dominated by men (at ratio of 66%M v 34% F). However, women have found that kickboxing provides them with excellent opportunities to develop and interact. Women understand this as a great idea for healthy and balanced life surrounded by like minded people with the same passion and interests. Coupled with the development of self confidence, balance and strength will all lead to a more confident person, Not to say the obvious increase ability to defend yourself should the need arise.

WAKO is strategically focusing on the development of kickboxing among women through the creation of equal opportunities for all members of the organization. Conscious high percentage of participation of women in WAKO, against other fighting sports, indicates the high level of focus the organization has and its high standards.

Focusing on equality, we must see the differences between male and female. We need to raise awareness of women's participation in WAKO through activities that focuses on education and promotion of women. We need to engage WAKO Committees to develop joint educational materials that reflect the differences between the sexes.

Education in Awareness

- Medical aspects of women participation in competition
- Weight reduction methods for female fighters
- Adaptation of sports rules for women if necessary
- Respect for cultural and religious differences
- Fair play
- Dual career possibilities
- Physical and mental health
- Enthusiasm and satisfaction
- PHD in a female athlete

Promotion

We need to promote women in WAKO but we can also promote kickboxing by women. Among us there are many successful and talented female athletes, coaches, referees, etc. Let's find a way to their femininity proved helpful in promoting WAKO.

Participation

Women representation should be mandatory in all fields of WAKO development and in all operative levels.

Mixed participation and teams

WAKO want to encourage to increase the number of mixed participation between the genders. As of today WAKO has practiced mixed participation in Point Fighting for over 10 years already, however it is important to exploit the possibility to develop this in various disciplines and with extending the number of women.



In general, we need to improve the codes of good practice and awareness of our Members that although currently there are no forms of discrimination against women in WAKO, it is our job to maintain this condition and aim for even better results.

IOC and Women and Sport

WAKO always seeks best practice and here is the link to IOC and the work for women in sport
<http://www.olympic.org/women-sport-commission?tab=mission>

WAKO and United Nations

As a special note, please notice the UN Orange campaign that WAKO Women Committee have strongly supported and engaged with and which is something we consider the national federations should focus on.

Say NO – UNiTE to End Violence against Women

ORANGE YOUR WORLD

What is UNiTE to End Violence against Women campaign?

The UN Secretary-General's UNiTE to End Violence against Women campaign has proclaimed every 25th of the month as "Orange Day" – a day to take action to raise awareness and prevent violence against women and girls. It is a multi-year effort, launched in 2008, aimed at preventing and eliminating violence against women and girls around the world.

Why WAKO wish to participate in this campaign?

Violence against women and girls is a grave violation of human rights. Violence happens everywhere. No country in the world has eliminated violence against women and girls. WAKO is a powerful international organization that associates many members from around the world. We aim to use this power to raise awareness and take action against gender-based violence. We wish to ensure that this issue is given the attention it deserves.

How WAKO can join the campaign?

- *by raising awareness of the problem among its members*
- *by integrating a gender approach into all actions*
- *by fighting any kind of gender violence*
- *by advocating for gender equality and women's rights*
- *by promoting gender equality and empowering women*
- *by building capacity of its members to prevent and respond to violence*
- *by education on gender equality norms and standards*
- *by celebrating ORANGE DAY (25th of each month) by using orange color to express and support the idea*

LET'S ORANGE OUR WORLD!

WAKO Women Committee

Contact

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