

Son Carlo		WAKO LIABILITY WAIVER		
© 31	Event:			
		ully, complete the requested information, date and sign under and returned to a Weight Control official when registering.		
Name:	Name: Sports ID:			
DOB:	Country:	E mail Address:		
Weight Class: _	kg	Style:		
LIABILITY WAI\	/ER:			
 I have adequate N I, the undersigned condition and I had current WAKO ev I release the even WAKO members claims and any local in case of emerging Rules, I agree that therefore, I assum my attendance are and/or their respectively. free of charge, was website, on any set the storage of the will be used for interesting the condition. 	d, do herby declared that d not suffered from any intent; at promoter, WAKO, WAK and WAKO Continental lass, damage sustained what I am fully aware that I am an injury while competency (injuries, cuts etcat the medical staff on the full responsibility for all or performance may be ctive authorized agents. hereby authorize: ithout time limits, any purocial channel (Facebook, photos and videos in the formational and promotional	er my participation during this event; It I am currently and prior to leaving my country was in good physical njury, infection or disability label to affect my capacity to compete in the KO's officers, the WAKO organising committee, the WAKO (IF) Board, Board its servants/agents, volunteer committee and referees from any nile participating in the above mention event; am participating in a contact sport and may in the normal course eting; and in any case whenever it is required by the WAKO Medical duty can proceed to any examination they deem opportune; If of my actions during and connected with this event I also agree that e photographed, filmed or taped and used by WAKO, event promoter I waive any compensation thereof. Ablication and/or dissemination of my pictures and videos on WAKO, etc.), on printed paper and/or on any other means of communication; wWAKO's archives and acknowledges that the pictures and the videos		
	may be revoked at ar ation@wako.sport	ny time by written communication to be sent by e-mail to the		
	ted if requested to do so.	KO Rules and Regulations including WADA / WAKO Anti-Doping rules I will treat my fellow competitors, officials and referees with, Respect,		
	cessed for the purposes	U) 679/2016 (GDPR), I am aware that the data collected through this described in WAKO Privacy Notice and that I have taken vision of the		
	I declare to have read a	and understood the content of this document.		
Place and Date:	i	Signature:		
For a kickboxer un	der the age of 18 signs	ature of Parent or Legal Guardian:		

















MEDICAL CERTIFICATE for kickboxer			For: ☐ - semi-annual registration ☐ - annual registration ☐ - championship - competition ☐ - after suspension period following injury or KO/RSCH			
Country Code	WAKO N	lational Federa	tion		☐ Passport No.	/ 🛘 Identity card No.
Sports ID Number	Family name	Given name		Midd	dle name	Nationality / Citizenship
Gender M / F	Kickboxing discipline Ring / Tatami / Forms	CH, Y	Age category CH, YC, OC, J, YJ, OJ, S, M		Weight category	
Medically FIT to participate in kickboxing training and at all levels of kickboxing competition during the period of validity of this certificate.						
This certificate is valid until:					ite (dd/mm/v	
Date (dd/mm/yyyy) DECLARATION: "I, the undersigned, declare on my honor that I am eligible and fulfil the Conditions stipulated by the Rules of WAKO. I also declare that, pursuant to Regulation (EU) 679/2016 (GDPR), I am aware that the data collected through this document will be processed for the purposes described in WAKO Privacy Notice and that I have taken vision of the latter pursuant to art.13 GDPR." Date (dd/mm/yy) Signature and stamp of qualified Medical Doctor of the same country of residence of the kickboxer						



















MIMINUM EXAMS AND INSTRUMENTAL ASCERTAINMENTS FOR THE RELEASE OF MEDICAL CERTIFICATE FOR WAKO DISCIPLINES

Ring disciplines:

Mandatory:

- Medical history
- Complete physical exam, included, but not limited to, cardiovascular system (heart auscultation, blood pressure, pulses)
- Rest electrocardiogram
- Stress electrocardiogram for kickboxers aged 41 or more

Optional (recommended):

- Stress electrocardiogram (mandatory from 2024)
- Eye exam included a dilated ophthalmological examination of fundus oculi, administered by a licensed ophthalmologist (mandatory from 2025)
- Neurological exam administered by a licensed neurologist or neurosurgeon (mandatory from 2025)
- Blood Work (for kickboxers aged 18 and older): HIV, Hepatitis B Surface Antigen, Hepatitis C Antibodies (mandatory from 2028)

Tatami disciplines:

Mandatory:

- Medical history
- Complete physical exam, included, but not limited to, cardiovascular system (heart auscultation, blood pressure, pulses)
- Rest electrocardiogram
- Stress electrocardiogram for kickboxers aged 41 or more

Optional (recommended):

- Stress electrocardiogram (mandatory from 2024 - independently from age). In Master class (veteran) competitors it is mandatory to reach a heart rate higher than 90% of their theoretical maximum (220 minus age in years)

Forms:

Mandatory:

- Medical history
- Complete physical exam, included, but not limited to, cardiovascular system (heart auscultation, blood pressure, pulses)
- Rest electrocardiogram

Optional (recommended):

No more tests are suggested

These are the minimum requirements for the release of a Medical Certificate for WAKO disciplines. It can be implemented case by case, following National laws and National Federations' Medical Rules.

The maximum length validity for a **Medical Certificate**, independently from the WAKO discipline is **one year**.



















WAKO MEDICAL QUESTIONNAIRE SPORTS MEDICAL EXAMINATION

Name:		Sports ID:		
OOB:	Country:	E mail address:		
Weight Class: _	kg	Style:		
			Yes	No
Did you have	any illnesses earlier?			
Were your bo	rn with any of your boo	ly parts missing?		
Have you eve	er been treated in hosp	ital?		
Do you take a	ny medicine on a regu	lar basis?		
Do you take a	ny food complementar	y substances?		
Have you eve	er fainted during or afte	r training?		
Have you eve	er had any chest pain?			
Have you eve	er had high blood press	ure?		
Have you eve	er had any skin disease	es?		
Do you have a	any dermatological cor	mplaints at the moment?		
Do you suffer	from asthma?			
-		o your bones, joints, tendons, or muscles?		
		companied with a loss of consciousness?		
•	headache in the past	·		
-		ease attach the Dental Brace certification!		
Are you often	on a diet			
Please give furth	ner details on answ	vers with "Yes":		
		r my answers given above. I also declare that, pursullected through this document will be processed for		
		vision of the latter pursuant to art.13 GDPR.	' '	
		Signature:		

















Dental Brace Certification

Name & Surname of kickboxer				
Name & Surname of the Orthodontic Surgeon				
I confirm that I have fitted a dental brace to the above-mentioned kickboxer on (dd/mm/yyyy) and I expect him/her to need to keep it in				
place until (dd/mm/yyyy)				
I also confirm that I have personally fitted the above-mentioned kickboxer with a personal protective mouth-guard that I am confident will provide him/her with normal protection to the mouth, gums and teeth and the dental brace itself, should he/she wish to participate in kickboxing competitions.				
I consider that he/she will be at no more risk than any other person taking part in kickboxing competitions in accordance with the WAKO rules.				
DECLARATION: "I declare that, pursuant to Regulation (EU) 679/2016 (GDPR), I am aware that the data collected through this document will be processed for the purposes described in WAKO Privacy Notice and that I have taken vision of the latter pursuant to art.13 GDPR."				
Date Orthodontic Surgeon's signature and stamp				



















NON-PREGNANCY DECLARATION for FEMALE KICKBOXERS 14 year and older

Event:			
		carefully, complete the requested information, date a est be completed and returned to a Medical Control office	
Name:		Sports ID:	
DOB:	Country:	E mail address:	
Weight Class: _	kg	Style:	
	I declare t	that: <u>I am not pregnant</u> .	
that this declaration injury or damage administrators, w (including its off	on is subsequently during the compaive and release and icials and employed the H	statement and accept full responsibility for it. In the cashown to be inaccurate or untrue and I suffer any related tition, I on behalf of myself, my heirs, executors any and all claims for damages I may have against WA rees), the organizers of the competition (including Host Federation) and the Competition Venue owners	ted and KO the
pursuant to Reguldocument will be	ation (EU) 679/201	ponsible for the statement given above. I also declare the (GDPR), I am aware that the data collected through tourposes described in WAKO Privacy Notice and that I has art. 13 GDPR.	this
	Date (dd/mm/yy)	Kickboxer's Signature	
For a kickboxer und	ler the age of 18 sign	nature of Parent or Legal Guardian:	 ure



















PARENTAL / LEGAL GUARDIAN CONSENT

I	as parent / legal guardian of the minor
son / daughter	Passport / ID number
Full name of underage competitor	Passport / ID Number
agree that my son / daughter participate as a co	mpetitor on kickboxing competition
Name of the competition	Place and date of competition
accompanied by a coach	Passport / ID number
Full name of coach	Coach's Passport / ID Number
Waiver and with all is reported in WAKO Medical Quest WAKO Non-pregnancy declaration signed by my daught I also confirm with my signature that I fully agree that in assistance to my son / daughter, all necessary exams (including blood transfusions and surgestimated).	case of an accident and the need of medical uding x-rays and CT scan) and all necessary
I also declare that, pursuant to Regulation (EU) 679/2016 through this document will be processed for the purpose that I have taken vision of the latter pursuant to art.13 GI	es described in WAKO Privacy Notice and
I declare to have read and understood the content of this	document.
Place and Date: Signa	ature: Parent's or Legal Guardian's signature















