



## WAKO KICKBOXING

## IN THE WORLD





WAKO President Borislav Pelević





**WAKO AFRICA** President

Emmanuel Essessima

- 1. Algeria
- 2. Angola
- 3. Benin
- 4. Cameroon
- 5. Congo
- 6. Egypt
- 7. Gabon
- 8. Ghana
- 9. Isle Maurice
- 10. Kenya
- 11. Libya
- 12. Madagascar
- 13. Mauretania

- 14. Morocco 15. Namibia
- 16. Nigeria
- 17. Senegal
- 18. Sierra Leone
- 19. Somalia
- 20. South Africa
- 21. Tunisia
- 22. Zimbabwe



#### **WAKO ASIA**

President Nasser Nassiri

- 1. Afghanistan
- 2. Bangladesh
- 3. Barhain
- 4. China
- 5. Hong Kong
- 6. India
- 7. Iraq
- 8. I.R.Iran
- 9. Jordan
- 10. Kazakhstan
- 11. Kyrgyzstan
- 12. Korea
- 13. Kuwait
- 14. Lao PDR
- 15. Lebanon
- 16. Macau
- 17. Malaysia
- 18. Mongolia
- 19. Nepal
- 20. Oman
- 21. Palestine
- 22. Philippines
- 23. Saudia Arabia
- 24. Singapore
- 25. Syria
- 26. Taijikistan
- 27. Chinese Taipei
- 28. Thailand
- 29. Turkmenistan
- 30. UAE
- 31. Uzbekistan
- 32. Vietnam
- 33. Yemen



#### **WAKO EUROPE**

Acting President Roy Baker

- 1. Austria
- 2. Armenia
- 3. Albania
- 4. Azerbaijan
- 5. Belarus
- 6. Belgium
- 7. Bosnia Herz
- 8. Bulgaria
- 9. Croatia
- 10. Cyprus
- 11. Czech Republ.
- 12. Denmark
- 13. Estonia
- 14. Finland
- 15. France
- 16. Georgia
- 17. Germany
- 18. Great Britain
- 19. Greece
- 20. Hungary
- 21. Ireland
- 22. Israel
- 23. Italy
- 24. Kosovo
- 25. Latvia
- 26. Liechtenstein
- 27. Lithuania



- 28. Luxembourg
- 29. Malta
- 30. Macedonia
- 31. Moldova
- 32. Monaco
- 33. Montenegro
- 34. Netherland
- 35. Norway
- 36. Poland 37. Portugal
- 38. Romania
- 39. Russia
- 40. Serbia
- 41. Slovakya
- 42. Slovenia
- 43. Spain
- 44. Sweden
- 45. Switzerland
- 46. Turkey
- 47. Ukraine



#### WAKO PANAMERICA

President Paulo Zorello

- 1. Argentina
- 2. Barbados
- 3. Bermuda
- 4. Bolivia
- 5. Brazil
- 6. Canada 7. Colombia
- 8. Chile
- 9. Cuba
- 10. El Salvador
- 11. Ecuador 12. Guatemala
- 13. Mexico
- 14. Panama 15. Paraguay
- 16. Peru
- 17. Puerto Rico
- 18. Trinidad&Tobago
- 19. Uruguay
- 20. USA
- 21. Venezuela



#### **WAKO OCEANIA**

Acting President Peter Thompson

- 1. Australia
- 2. New Zealand
- 3. Samoa

#### **EDITOR'S** LETTER



#### **IMPRESSUM**

WORLD ASSOCIATION OF KICKBOXING ORGANIZATIONS - WAKO



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#### Dear WAKO friends.

For the last several months work in the WAKO was very intensive. All the World and European Cups are finished. At the end of August, we had the World Cadets and Juniors Championships in Dublin with more than 1750 participating athletes. We had countries from all five continents but unfortunately, very few countries from Africa and Asia. Less number of expected countries from Asia is due to the fact that at the same time they had Asian Championships in Korea, which was qualification competition for The World Games 2017. Having Continental Championships at the same time as World Championships shouldn't be allowed in the future.

The participation of a small number of countries from Africa on the World Championships for cadets and juniors should be an issue to be examined. It is unacceptable not to have cadets and juniors, those who are WAKO future, on the World championships.

On the international scene, we had the WAKO delegates participating in the General Assembly of SportAccord, the General Assembly of the IWGA (International World Games Association), the General Assembly of the AIMS (Alliance of Independent Recognized Members of Sport), also as visiting delegates on the General Assembly of the ARISF (Alliance of recognized International Sports Federations). Meetings with the International Olympic Committee officials were especially important because they gave us very helpful advice concerning the WAKO Application for the recognition from the IOC.

Recognition from the IOC is hard to get because of the very strict conditions that need to be fulfilled. In May, several Sports Organizations received a refusal letter from the IOC, among them were Sambo and Power lifting. Ju jutsu and Savate gave up from the recognition candidacy because they do not have the basic conditions : the organization has to have minimum 50 member countries from three continents, recognized from their NOC-s. At this moment the most likely candidates for the IOC recognition are the WAKO and the IFMA (International Muay Thai Association). The IFMA's advantage is the fact that its General Secretary is Mr. Stephan Fox, who is at the same time the President of the AIMS, a recognized organization by the IOC and a partner of the IOC.

The WAKO received a full support from the representatives of all Sports Organizations and is recognized as the only world sports organization representing the kickboxing sport.

The most important fact is that on August 31, 2016, the WAKO formally applied for the recognition to the IOC. The work on the fulfilling the Application was very intense and delicate. It required a detailed discussion on the three WAKO Board of Directors meetings which were held in the period from March to August this year.

THE WAKO EXPRESSES SINCERE HOPE THAT OUR APPLICATION WILL BE ACCEPTED AND WE WILL BE OFFICIALLY RECOGNIZED BY THE IOC.

Although it doesn't depend only on the WAKO, I have to say that the WAKO has fulfilled all the conditions demanded in the process of the recognition.

Let me thank all the Board Members and all the WAKO Committee Presidents who have done their best to fulfill the Application which was extensive and detailed.

Concerning other activities, I had important meetings with NOC representatives from Hungary, the Russian Federation, Ireland and also a meeting with the President of the International Fair Play Committee. From all the officials I received full support for the WAKO process of the IOC recognition.

Until then, to all of you dear WAKO friends, I wish joyful news from the IOC.

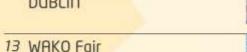


Editor-in-Chief Prof. Borislav Pelević, Ph.D. WAKO President

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## WAKO'S IOC MEMBERSHIP APPLICATION



## WORLD ASSOCIATION OF KICKBOXING ORGANIZATIONS

To
International Olympic Committee
Sports Department; Kit McConnell, Jenny Mann, Celine Moyat-Perez

#### **IOC Application from World Association of Kickboxing Organizations**

Dear Colleagues in sport,

31st August 2016

We have finally submitted the application on behalf of World Association of Kickboxing Organizations, WAKO, to become IOC recognized. We have downloaded all needed requested information into the MTF Platform, including this document. However, as President I send this letter separately as well.

We really hope that IOC, during the evaluation process, comes back to us with needed questions in case of any lack of documentation. We will respond immediately on all your requests.

#### Request for a meeting in Lausanne

We also hope that, during the months of September or October, we can have a meeting with you in order for both parties to discuss the content of our application openly. In addition to the Questionnaire and relevant attachments, we have also created an extensive presentation of WAKO and its activities. It is important for us to communicate a more visualized version that shows our progresses and results so far. However, we feel that such presentation would need to be presented by us in order to get its full effect.

#### Review and support by AIMS

We refer to previous documents sent from IOC to IFs that request IOC recognition.

"Applicant IFs must liaise with the Alliance of Independent recognised Members of Sport (AIMS) during the stage when they compile their application and complete their questionnaire".

After conversation with AIMS President Mr. Stephan Fox in Lausanne in April, we find it important also to emphasize to IOC the importance of confidentiality.

#### Collaboration

We hope for a close collaboration and communication with IOC and its stakeholders in the coming period of evaluation. We look forward to a fair and transparent process and that a final evaluation gives us a direction in terms of improvement.

Following this document that is downloaded:

- Questionnaire for IOC recognition
- WAKO Presentation Business summary and visuals
- · Attachments named according to your checklist

On the next pages, please find attached an appendix that answers briefly the procedure and criteria for IFs requesting IOC recognition.

Yours faithfully,

WAKO President Prof. Borislav Pelevic, Ph. D.



## SportAccord Convention



#### MUTUAL PHOTO WITH IOC PRESIDENT

The part of the delegates of the SportAccord Convention with

Mr. Thomas Bach, the President of the IOC Dr. Borislav Pelević, the Wako President and Mr. Roy Baker, WAKO Vice President, standing next to IOC President.

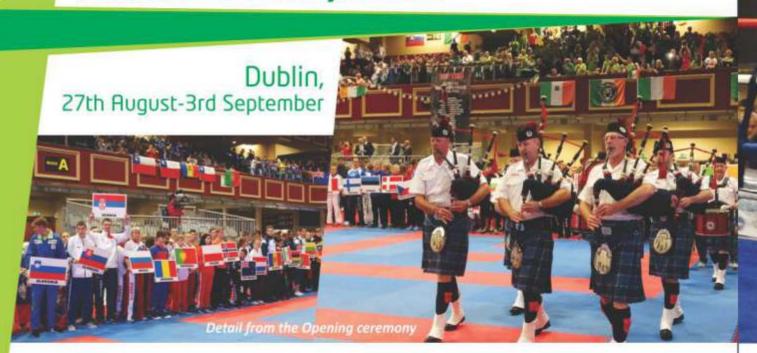
#### THE MEETING WITH Mr. KIT McKONNELL

Dr. Borislav Pelević and Mr. Roy Baker had a meeting with the IOC Sports Director, Mr. Kit McKonnell and continued the discussion about the further steps of the WAKO towards the IOC membership.

Mr. McKonnell is a key figure in the IOC for the new members.



## WORLD CHAMPIONSHIPS FOR CADETS AND JUNIORS





Eight days enjoying kickboxing in Dublin, in the City West Conventional center. World championships in the youngest categories in the WAKO were a real celebration of life. The Sport hall and hotel were full of young smiling faces, laughter, an explosion of emotions in the arena where fights were the reasons for much joy and a lot of tears. These days the WAKO can be proud of its young army of athletes standing side by side under the slogan: one WAKO, one Champion.

This year 47 countries from the all five continents registered, with 1366 athletes and 1692 entries. We had a large number of athletes from the Russian Federation: 142, Ireland, the host country: 139 and there were above 100 athletes from Italy 111, Poland 123; the United Kingdom 83, Hungary 82, Turkey 67, Croatia 53, Greece 52, etc.

It is a fantastic fact that one national team can count almost above 200 participants (athletes, coaches, officials etc) like we had this year in Dublin.

"The priority of this Championships is the youth, and that is of the most importance of the WAKO. The WAKO has put a very big focus on the children, the foundation of the children more than any other sports that I know. We have a unique position in the world as far as I am concerned. Above 75 percent



Minister of state for sports and tourism of Ireland, Mr. Patrick O'Donovan is opening the World Championships



Mr. Jenö Kamuti at the presentation of International Fair Play Committee







Mr. Roy Baker, WAKO Vice President giving the statement about World Championships to WAKO kickboxing channel

of our competitor's ar all less the age of 18 years and our youth profile is exceptionally high," said the promoter of this WAKO event, Mr. Roy Baker, WAKO Vice President. "Most of the sports have a problem with youth. In relation to contributing to charity, we have contributed 15000 Euros to the IOSPCC. That is the Charity organization in Ireland that I am very passionate about and I think the sport of kickboxing, because of the size of popularity, should be supporting institution on preventing the torture of the children. How do we manage to give the charity? We are not greedy, we learn to share and help. That's what we do: we



WAKO Board member Istvan Kiraly on his trainer duties at the Championships



The best advice at the right time
The coach and athlete



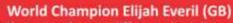
Moroz Daria Twice World Champion

nurture, we produce for and we develop children."

As for the Championships, the challenge is when you have 2500 people at one event to transportation and give the logistics. The City West hotel is fully booked out with 1900 people and we have about 600 people in another hotel. It is a big job to get people from there to the sports hall in a safe manner and to make sure that accommodation and the food are up to standards. When you have 47 countries with almost 1700 entries, then the normal occasions don't work," said Mr. Baker.

On August 27th and 28th, 2016, at the City West Hotel Conference & Event Centre, in Dublin, Ireland, the elections for the WAKO Athlete, Coach and Women Committees took place. Except for the first three positions appointed directly by the WAKO IF Board of Directors for a 4-year term all the other members of the below Committees were conducted in compliance with the provisions of articles 1.05.5 and 1.05.21 of the WAKO By-laws and peer-elected ensuring appropriate representation of the respective functions.

The Kickboxing Organization of Ireland, the organizer of this championships, did their best to profile this sport in their country and also to live up to all the standards of a perfect organization. The Major of



won three gold medals on the World Championships in different disciplines.

His trainer Jacey Cashman (GB Coach) answered to our question 'What is the secret? What makes a champion? How do you recognize a champion?'

"Commitment- yes, hard work in training -yes, but someone who can fight and win 3 World championship finals in one day has ingredients more than this. There is something inside (inside all of us I believe) that someone like Elijah has tapped into and releases to achieve the success that he has."













Dublin and the Minister of the Sport of Ireland were

present at the Opening ceremony, and the ceremony

The fights started 30th August and lasted until 3rd

accounted for great media exposure.

September. In point fighting teams division Great Britain won a gold medal in a fantastic competition with the Hungarian

In musical forms, a fantastic performance was seen by Alicea Romani (WAKO USA) and Gomez Santillan Carlos Francisco (WAKO Mexico), MC Parland Jesse Jane won two gold medals in different divisions of musical forms.

An interesting fact is that in light contact juniors, male, -69 kg division there was the biggest number of participating athletes: in total 25, which makes this division with most concurrence.

During the Championships, the guest of the organizer was Mr. Jeno Kamuti, the President of International Fair Play Organization, who gave a presentation on the Essence of fair play in sport.

On the special ceremony, Mr. Kamuti awarded the WAKO laureate for Fair play 2016 Mr. Romeo Deša and also Mr. Espen Lund, the WAKO Vice-President for his hard work promoting fair play in our sport. The WAKO and the CIFP want jointly to intensify the focus on Fair Play and preventive actions affecting the culture in sport, to cherish either good initiative in Fair Play Spirit of extraordinary behavior putting the Fair Play aspect as a priority.



Top ten nations are:

- 1. The Russian Federation
- 2. Ireland
- 3. Italy
- 4. The United Kingdom
- 5. Hungary
- 6. Poland
- 7. Turkey
- 8. Croatia
- 9. Ukraine
- 10. The United States



All five days of the Championships were live streamed on the special Youtube channel WAKO kickboxing and summary of the live stream report is the following: the WAKO had total views 162,268 spectators. The live streams were watched in 150 countries, the top ten were: Russia, Italy, Poland, Hungary, Ireland, the UK, Bulgaria, Germany, Slovenia and Greece.

M.P.

Jesse Jane Mc Parland (Ireland) gold medal Nazina Maria (Russia) silver Gallaway Kasey (Australia) bronze



## 1st WAKO Fair Play Award

Dublin, Ireland 30 August 2016

**AWARD** FOR FAIR PLAY



Mr. Romeo Deša with Fair play award



Mr. Espen Lund with trophey

The prize is awarded yearly with the focus on fair play, ethics, best practice and raising awareness about the understanding of fair play, prevention as well as ensuring a positive outcome for all within the framework of kickboxing. The Award is intended to encourage the promotion of fair play principles in kickboxing, and is given in recognition of services rendered over an undefined period excluding the year in which the WAKO Integrity and Fair Play Committee presents the Awards.

Mr. Romeo Deša from Croatia was awarded the newly established WAKO Fair Play Award during the WAKO Cadets and Junior World Championship in Dublin, Ireland.

This new invention is established in cooperation with the International Fair Play Association, the CIFP, and the President Jenö Kamuti who was present at the awarding ceremony.

The WAKO and the CIFP act jointly with the prospect of intensifying the focus on fair play and preventive actions, supporting good initiatives in the spirit of fair play, thus putting emphasis on it.

"The WAKO wants to focus on bringing to the surface all the good things happening all around the world, as well as the way our sport contributes to making it a better place. We want to create enthusiasm, pride and to use such opportunities to inspire each other and others. It is all about learning and sharing and supporting each other, always baring in mind the fact that fair play is our top priority in all that we do, both for athletes and the entire entourage. The educational aspect is also important and will strengthen our work within the field of integrity as one of many activities",

the WAKO IF Vice-President, Mr. Espen Lund a special trophy from the CIFP, for his engagement in the promotion of fair play and for his endeavors to make the WAKO an organization focused on fair play and its methods to act preventively in the true spirit of sportsmanship. "This work is so important and I can already now see the inspiration this brings to the organization", says Mr. Kamuti. "I am impressed with what I have seen here and the massive numbers of cadets and youth that are enjoying the sport and fair play.

said the WAKO President, Mr. Borislav Pelević, after establishing the reward.

"Mr. Deša has a long history in the WAKO having worked in many aspects of the organization and has a positive attitude and preciseness that is highly appreciated by the organization. He operates with high integrity and is an important asset in the WAKO, says the WAKO IF President, Mr. Borislav Pelević, the person that actually nominated him. "For me it is important to highlight the fact that sport recognizes no borders, we are all friends and I highly respect him".

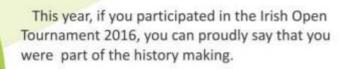
Romeo Deša: ..." This award is a confirmation of all my work in the WAKO in the last twenty years. It has a great motivational force to continue work in the same manner. I hope the person who receives the award next year be better than me, having contributed even more than I have, because we in the WAKO always look ahead and increase the standards".

**→** 

#### **IRISH OPEN 2016**

Dublin, City West conference hall 4th-6th March 2016

> NO BORDERS, NO LIMITS



All expectations came true: the number of entries exceeded the number of 4000.

In total, 4151 entries covered a full two-day program that cannot be seen anywhere in martial sports.

The facilities of the venue and the hotel, unique as they are, gave us the chance to enjoy tatami fights, ring fights, and performance in musical forms

With participants of all ages, from beginners to the veterans, it was the program to suit all tastes. Watching the kids of the early ages, girls and boys,





crying and some of them celebrating, was very emotional.

Among 32 registered countries and 298 teams, we had the opportunity to watch the best world's fighters the WAKO nowadays has.





20 000 Euros were raised and the money was handed to the social service officials. The grand finale night was held on March 5th.

All of us have to be pleased and proud to have been a part of this great event.

All the results and statistics can be found on: https://www.sportdata.org/kickboxing/set-online

M.P.

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#### MEDAL STATISTIC - CLUB/TEAM

RANK	CLUB/TEAM		GOLD	SILVER	BRONZE
1	HMD ITALIA	ITA	10	9	12
2	KIRALYTEAM KICKBOXING ACADEMY	HUN	10	7	10
3	SHEFFIELD DRAGONS	ENG	9	6	4
4	TALLAGHT MARTIAL ARTS	IRL	7	4	4
5	TEAM PAUL MITCHELL	USA	7	2	1
6	BLACK BELT ACADEMY WATERFORD	IRL	6	5	2
7	MADDOGS FIGHTING CLUB	GBR	5	3	5
8	ATHENS FIGHTING TEAM	GRE	5	2	2
9	MADE IN SUD BARRUS	ITA	5	1	6
10	KELLYS FREESTYLE MARTIAL ARTS	IRL	5	0	1

#### Zsolt Moradi,

after winning the title of the Grand Champion on the Irish Open 2016:

"I won the Grand Champion title of the Irish Open 2016 and defended my title tonight! I hereby would like to congratulate to my fellow competitor, the runner-up, Roman Brund!!

Very tough fight as always, and we will see each other for sure next time!"





Irish open point fighting champion 2016, younger cadet -28kg Mc Parland Jesse Jane, won in different disciplines 5 times gold and one silver ..."I want to thank my coach Gary Kelly And Tyler Weaver for everything they have done for my success", said Jesse after awarding ceremony.

#### **MEDAL STATISTIC - COUNTRY**

RANK	COUNTRY	GOLD	SILVER	BRONZE	
1	IRELAND	49	46	64	
2	ITALY	42	21	52	
3	UNITED KINGDOM	30	47	80	
4	ENGLAND	18	17	25	
5	HUNGARY	14	11	17	
6	GERMANY	9	16	31	
7	NORWAY	8	10	16	
8	GREECE	8	6	9	
9	UNITED STATES	8	4	10	
10	BELGIUM	4	5	0	



An awarding ceremony of creditable persons in the WAKO took place during the opening ceremony. Two great men had an honor to be rewarded with the 8th DAN Diploma: Mr. Neville Wray and Mr. Peter Edwards.



Mr. Peter Galambosz was awarded with 7th degree Black Belt.

WAKO KICKBOXING 19



#### The President visited the Organizing Committee of the World Games Wroclaw 2017 28 June 2017

## THE WAKO IS PREPARING **FOR THE WORLD GAMES**

The visit to The World Games Organizing Committee in Wroclaw, Poland was undertaken with the prospect of acquiring thorough information about the overall conditions of the WAKO participation at The World Games 2017. All the terms of the WAKO participation at The World Games were discussed.

The WAKO delegates were:

- Borislav Pelevic, the WAKO President
- Katarzyna Kociszewska, the WAKO Board member
- Andrzej Palasz, the President of the WAKO Poland

The World Games Organizing Committee delegates

- Grzegorz Pyzalka, the Sport and Venue Director
- Alicja Nowicka, the Sport Manager
- Pawel Margol, the Logistic Manager

The meeting was held at The World Games Organizing Committee office in Wroclaw. The members of the Organizing Committee were very pleased with the outcome, stressing that the WAKO President was the first President of any International Federation who had visited the Organizing Committee of the World Games in Wroclaw. They welcomed this type of commitment from the World Sports Federation WAKO.

The following schedule and plan of the WAKO participation on the World Games was agreed and adopted:

- 1. 31 sports in total (27 official participating sports and 4 invitational sports, one of which is the WAKO) will participate in the Games.
- 2. The Organizing Committee demands that all the WAKO Continental federations finish their qualifications within 2016.

Also, before the 28 February (deadline), the WAKO must send them a complete and definitive list of all participants at the World Games, including competitors, coaches, judges and officials.

This means that all the WAKO continental federations must finish, as stated above, and have their final list submitted to the WAKO Office within January 2017, and send to the WAKO headquarters the final list of the



qualified participants and other officials of their

Borislav Pelević, the WAKO President,

Alicia Nowicka, the Sports Manager and

The above time lines are not flexible meaning that those who do not act in compliance with these conditions, will not take part in The World Games.

3. According to the previous Contract signed between the WAKO and the IWGA (International World Games Association), the WAKO will have 96 competitors, plus 76 officials (coaches, judges, and other officials) = Total 172 persons.

This number cannot be less. Nevertheless it can be increased by 10% (including the VIPs, supporters, etc).

4. Arrival to Wroclaw:

national federations.

- The WAKO European countries arrive in Wroclaw on 24 July, 2017
- The WAKO countries from other continents should be in Wroclaw by 23 July, 2017
- The WAKO athletes will have official training on 25 July
- Kickboxing competition will be held on 26 and 27 July,
- The Departure of the WAKO participants is on 28 July,
- 5. Excellent conditions in relation to the hotel accommodation of the WAKO people have been agreed:

The WAKO athletes and coaches will be accommodated in a three-star hotel in the vicinity of the sports hall. In this hotel will be the WAKO team only, nobody else.

The WAKO judges will be accommodated in a small three-star hotel directly connected to the sports hall.

WAKO officials will be accommodated in one of the other official hotels.

- 6. As it is already known, expenses of the trip and full accommodation costs are the responsibility of the National federations for their athletes, coaches, referees and officials. Prices for hotels (full board) is 100 EU per person, including three meals, transportation hotel- airport and vice versa and shuttle bus.
- 7. In the Sports hall, there is 3500 seats and the following 3 combat sports will use it: Sumo, Muay Thai, and Kickboxing. WAKO will have competition 26th and 27th July. The WAKO President visited the sports hall with members of Organizing Committee, and was very satisfied with the quality of the sports hall.
- 8. Opening Ceremony of The World Games will be on the beautiful football stadium in Wroclaw, a stadium which was checked in details.

Overall President was convinced that WAKO has got the best conditions and the best timing for participation.



Alicia Nowicka (TWG Sport Manager). Pawel Margol (Logistic Manager), Borislav Pelevic (WAKO President), Grzegorz Pyzalka (Sport and Venue Director), Katarzyna Kociszewska (WAKO Board member) and Andrzej Palasz (President of WAKO Poland)

Hosts of the President Mr. Borislav Pelevic were Kate Kociszewska, WAKO Board member and Andrzej Palasz, President of WAKO Poland, President Pelevic gave them special thanks for their hospitality and cooperation.





#### WAKO 3-D e-learning game program Pulse by Sport Inc.

Who needs to know the RULES

The setting is a meeting room at the WAKO Junior and Cadet World Championships in Dublin, Ireland. A video presentation is about to begin. An alert group of coaches, athletes and referees fill the packed room. Standing at the front of the room, Horst Prelog, WAKO Board Member, asks the question "Who in this room needs to know the rules of kickboxing?" The unanimous response is "Everyone".

Isn't it interesting that we all agree on this, and yet very few of us really know the WAKO rules very well. Why is that? We all agree that it's a challenge for people from around the world, whose first language is not English, to read and clearly understand over 80 pages of rules written in English. The intent and passion for the sport is there but it is difficulty and interpretation varies.

The good news is this is about to change! Imagine being able to learn the rules in a simple, yet playful way. It is happening now and, YES, WAKO, in association with Pulse by Sport Inc., is the first Martial

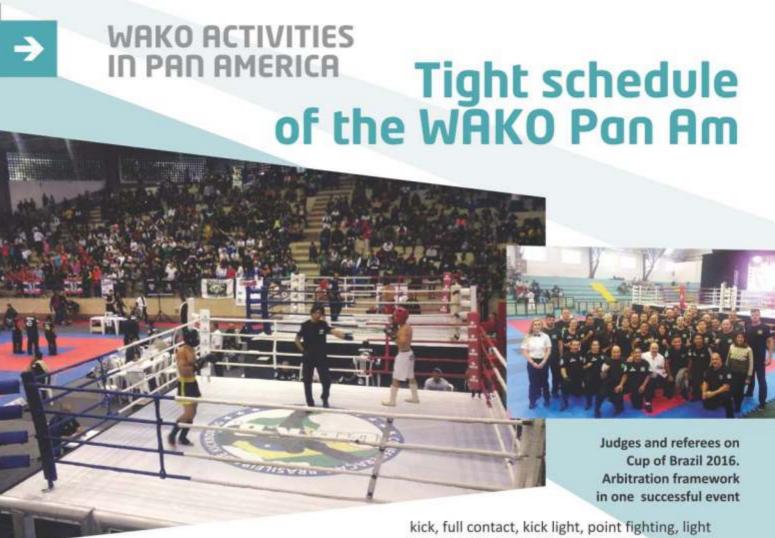
"gamified" e-learning technology. The program allows our members to learn the rules of the sport in a way that is highly visual. It's called "WAKO Rules Live", a 3-D e-learning game program where you learn the rules of WAKO Kickboxing and its disciplines in an interactive and playful way. This exciting program is designed for people with little to no English knowledge. Find out by testing your knowledge of the rules by

Arts Sports Federation to use this latest method of

checking out "WAKO Rules Test Live". This online theoretical test is intended for anyone who wishes to test their knowledge of the rules of fighting. Its intended for Referees, Coaches, Athletes, Spectators, Fans, Parents. This strategically built questionnaire selects random questions out of a large pool of questions covering the areas of Hitting and Target Areas, Scoring, Referee Signals, Equipment, Code of Conduct and Medical. This e-testing program requires only basic English knowledge.

How to download these exciting new programs? Go to http://www.pulsebysport.com/and follow downloading instructions.

M.P.



2016 has been very productive for WAKO PANAM, especially because of the Pan American Championship to be held in Cancun, the first one that will be outside South America, which will be the official continental qualifying of the modality and categories that will participate at the World Games, to be held in Wroclaw, Poland, in October 2017.

#### **National Kickboxing Championships**

Aiming to define its athletes' delegation who will represent each country at the 9th Pan-American Kickboxing Championship, several countries of the continent have been organizing their National Kickboxing Championships, which will help to improve the technical level of the fighters and to develop Kickboxing WAKO in the continent.

Highlight goes to the 26th Brazilian Kickboxing Championship which was held in May in Sao Paulo and counted with the participation of 1245 athletes from 18 states of the country, breaking all the events records and becoming the greatest WAKO Kickboxing event of the continent.

There was also Cup of Brazil from 4th till 9th September, in the sport club Ypiranga in Sao Paulo, with fights on six fighting areas, in K1, low kick, full contact, kick light, point fighting, light contact. This competition was selective for the main event this year- Pan American Championships, the qualification competition for the World Games 2017.

#### WGP Kickboxing

The biggest kickboxing event of the American continent doesn't stop to grow, placing kickboxing and the WAKO in a level never reached before.

With four editions already realized in 2016 (April, 9th, May 7th, July 2nd and July 16th) and with four more to be held this year, WGP is reaching significant results to the sport. On the Facebook, the event counts with about 179 thousand likes, reaching more than 1,360,000 people in the last month.

In addition to that, the 32nd edition of the event was held for the first time in the North East region of Brazil. WGP #32 was held in Salvador, Bahia state, on July 16th, and counted with the broadcast of six Brazilian TV channels:

- Bandsports, Esporte Interativo, Canal Combate broadcasted live on cable TV across the country;
- TVE broadcasted live on open TV across the country;
- Sports broadcasted in delay on cable TV across the country;

Brazilian Kickboxing Championship 2016



WGP #32 Barbara Nepomuceno new and the first champion

- SBT Bahia (through TV Aratu) broadcasted live on open TV to all Bahia state.

Only this edition reached about 12 million spectators between the live and delay broadcasts.

WGP Kickboxing growth is not limited to Brazil, once the promotion invites several athletes from other countries of the Continent to compete in the events. Argentina, Paraguay, Uruguay, Chile, Peru and USA had representatives in the event and, to the future, the promotion will bring athletes from the other countries of the American Continent also.

T.A.

## **→**

## Kickboxing presence at the arrival of the Olympic Torch in Rio de Janeiro

## Brazilian kick boxers carried the Olympic torch

The arrival of the Olympic Torch at Rio de Janeiro this week officially marked the beginning of the Olympic activities on the state and, once more, the Brazilian Kickboxing was represented at the relay.

Invited by the Organizing Committee, the Brazilian Kickboxing Confederation indicated several athletes of the entity to carry the Olympic Torch through all the states of the country, but at Rio de Janeiro the relay counted with the special participation of the "carioca" Clei Silva, holder of several national and international Kickboxing titles, such as WAKO PRO World Champion.

With those participations, Kickboxing WAKO marked its presence in the world's greatest sporting event!



WAKO KICKBOXING 23

#### Great kickboxing seminar in Brazil Piracicaba, 7th - 14th March 2016

## FRIENDSHIP AND SPORT

Brazil, the city of Piracicaba, Brazil Confederation of Kickboxing, the Sports Association of the City of Piracicaba and World Kickboxing Federation (WAKO) were the organizers of the GREAT kickboxing seminar. The aim of the seminar was to educate a large number of fighters, trainers, clubs and federations (attended by the representatives of Ecuador and Colombia), as well as expanding the base of kickboxing in Southern

Members of the WAKO Coach Committee, Farigat Kasymov (Russia, a docent on the Faculty of Chelyabinsk and the leader of the 'Zbornaya command'), and Miodrag Jotić (Serbia, the Sports Director of the Serbian Kickboxing Federation), held the seminar in disciplines K -1 and low kick. The Brazilian Federation (headed by the great sports legend, a pioneer in kickboxing in South America Paulo Zorello), did their best to make sure the seminar was enjoyable to all the participants.



An outstanding sports hall of the Brazilian Confederation in Kickboxing (CBKB) was too small to accommodate all the interested parties. It is a tradition to have some great kickboxing names hold seminars. In the past there were Semmy Schilt, Don Wilson, Roy Baker, to name just a few. So, it came as no surprise when such a great number of participants took part in the seminar.

Every day in two terms (morning and afternoon), the hall was fulfilled not only by numerous participants and trainers from various clubs but also by the biggest names of Brazilian kickboxing: Felipe Stevano Micheletti, Tadeu da San Martino, Fernando dos Santos, Alexandra Perereira, Thiago Silva Perreira



Michel, Daniele de Mattos Gonsalves, Adilson Facchin, Guto Inocente...

Perfect work conditions: two rings, three tatamis, a wrestling arena, a place with bags, locker rooms with bathrooms, sleeping rooms, as well as the office space provided with the wireless internet. Competitors napped everywhere: in sleeping rooms, in locker rooms, on mattresses, engaged in the seminars 24/7. It has to be noticed that special care was taken of hygiene, thanks to the non-stop presence of the cleaning staff.

Another thing which might seem as something out of the ordinary is how much focus was put on each workout session. They were held in utter silence. You could hardly hear anything else but heavy breathing. The methods of Russian and Serbian kickboxing schools caused much interest. This way of exchanging experience is very important for the development of sport at all levels, which was precisely the aim of this seminar! Differences in work, training, understanding, education and fighting in general, presented to a wide range of participants, represent a milestone of the sport.

Jotic and Kasymov were approached by the practitioners after each training and thanked for the demonstration of the technique, exercises or advice they gave. In a way they paid tribute to the coach!

Brazilian competitors are not able to compete in Europe. They have to cover their own expenses, buy their own equipment and do not have scholarship programs. But their desire to make progress and succeed is deeply rooted in their mentality, education and the great heart of the Brazilian people.

Miodrag Jotic and Farigat Kasymov give special thanks to the host Paulo Zorello, gen. Secretary of the Sports Federation Piracicaba professor Jose Francisco Rodrigues, the host of the sports hall prof. Jose Ronaldo Lucentino, and all the seminar participants, spectators and the facility staff.



## **The 1st International Open Pacific** organized by WAKO ECUADOR 24th-26th June 2016, Santo Domingo de los Tsachilas, Ecuador



Three days reserved for the International Open Pacific tournament in its first edition, were a celebration of the sport of kickboxing in Ecuador.

Santo Domingo de Los Tsáchilas is becoming a good host city for kickboxing events on the continent. After hosting the Bolivarian Kickboxing Championship, bringing together all the six Bolivarian countries, Santo Domingo is already confirmed as the city host of the 2017 edition of the event.

This time we had three participating countries: Brazil, Peru and Ecuador with 143 participants in four disciplines: kick light, full contact, low kick and K1 rules in two leagues: for cadets and juniors and for seniors.

The audience had a pleasure to enjoy in 110 fights on one tatami and one ring.

On Friday 24th June, the Director national of the Confederation Brazilian of Kick Boxing, Alfredo de Oliveira, held a seminar for referees and judges.

The best figher of the tournament was Cesar Sesoko from Peru and the best participating Country was Ecuador.

Officials had a pleasure to announce the best fight of the tournament, the fight of Guillermo Bellarmine (Brazil) vs Jorge Rendon (Ecuador), where Guillermo Bellarmine (Brazil) was better.

#### **Country Awards:**

1st Place ECUADOR 36 gold medals, 45 silver medals, 27 bronze medals.

2nd Place PERU 11 gold medals, one silver medals. 3rd Place BRAZIL 4 gold medals, one silver medal.



## GREAT TOURNAMENT IN ECUADOR



#### Mr. Paulo Zorello, President of WAKO Pan Am:

"With much pleasure I present to all the 1st Open International of the Pacific.

Ecuador is a country that has interest in latest competitions to promote and perform. An event of this magnitude will serve not only to raise the technical level of its fighters, but also to offer the opportunity to athletes from several countries of the region to have their tournament. The greatest benefit goes to all members of WAKO PANAM having one more great tournament.

In a year very important for us, the year of the Pan American of Cancun, we have the certainty that this event will be the main target path by WAKO PANAM: to became a WAKO continent competitive in the World level. This single objective will be achieved with hard work and the constant organization of training courses and events.

Now, I invite you to participate in the event and wish all participants good fights and fair play".

#### Sensei Efren Gonzalez Cabezas, Representative for WAKO Ecuador:

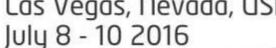
..."Dear friends, it is a real honor, to be in the headquarters of the "1st Open International's Pacific". We assure that everything will work perfectly, so that this event can be unforgettable as all events of Wako PanAm. Our clear objective is to contribute the development of Kick Boxing in our continent, our commitment to the Kickboxing is great and is for this reason we have decided to commit us to event with the support of WAKO PanAm. Find this as a great opportunity to meet our beautiful country and enjoy of a great event full of brotherhood and friendship.

All of you are welcome! " ...

Thiago Ariki

WAKO North American Open 2016

Las Vegas, Nevada, USA





KICKBOXING AT

FIGHTING WEEK

THE INTERNATIONAL



#### WAKO USA and Rockwell watches

Several years have passed since the United States have hosted an International Championship for both ring sports and tatami.

The WAKO USA introduced the WAKO North American Open, held from July 8 through July 10, 2016 at the Las Vegas Convention Center in the great city of Las Vegas! The Championship took place at the UFC Fan Expo during the International Fight Week for the second year in a row. The athletes were also able to experience the excitement and thrill of the UFC 200, which took place at the end of the UFC International Fight Week. Over 300 athletes registered to compete in the Championship to compete against some of the best and most experienced fighters in the world.

The President of the WAKO USA, Rob Zbilski said that, "holding this event at the UFC Fan Expo has given the WAKO tremendous exposure. As people have been excited to have an organization that can bring both Ring Sports and Tatami together in one tournament." The tournament was a great success as we had competitors from the United States, Canada, Mexico, Guatemala,



Puerto Rico, Ireland, Slovakia, Slovenia, Ukraine, Brazil, Austria, Germany, England and Finland.

It was great to see such worldwide WAKO

To stay current with WAKO USA, follow them on Facebook: WAKO Team USA Kickboxing, Twitter: @WAKOTeamUSA, and Instagram: wakoteamusa.

> Ashley Zbilski Membership Director WAKO Team USA

#### THE WAKO President activities

## MEETING WITH HUNGARIAN **NOC REPRESENTATIVES**



Mr. Meszaros Janos, the Vice -President of Hungarian Olympic Committee during the Hungarian Kickboxing World Cup. These meetings were part of the campaign of the WAKO President, Dr. Borislav Pelevic, and his colleagues in the process of the WAKO's expected IOC recognition.

The WAKO representatives informed Mr. Janos Meszaros about the WAKO Federation and its current status as a recognized sports federation member of the AIMS. Another issue discussed at the meeting was also the support from Hungarian Olympic Committee that the WAKO needs in the process of the IOC recognition.

Mr. Janos Meszaros informed Mr. Borislav Pelevic that Budapest, the capital of Hungary, is running the candidacy for Summer Olympic Games 2024. Other signed up cities for organizing Olympic Games 2024 are Los Angeles (USA), Rome (Italy) and Paris (France).

In that sense, if Budapest gets a chance to organize the Games, and knowing that the hosting country has the privilege to propose a demonstrational sport, Mr. Janos Meszaros expressed his pleasure to announce WAKO kickboxing to be that sport on the Olympics. The WAKO President thanked Mr. Meszaros for the support and in particular wished him luck in the candidacy for the organizing of the Olympic Games 2024.

The meeting was charged with positive energy and support and the only thing left open is to hope that Budapest, Hungary, will be the best city for the next Olympic Games.

#### MEETING WITH IOC MEMBER Mr. PAL SCHMITT

Mr. Pal Schmitt, a Hungarian Olympic fencer and a politician who served as the President of Hungary from 2010 to 2012, was present at the opening ceremony of Hungarian World Cup 2016, among other Hungarian sports officials. Moreover, Mr. Pal Schmitt is the Chief of Protocol of the International Olympic Committee (IOC) and presided over the World Olympians Association between 1999 and 2007.

Mr. Pal Schmitt on the Hungarian World Cup Opening ceremony

Mr. Roy Baker, the WAKO Vice-President, Mr. Janosz Meszaros the Vice-President of Hungarian Olympic Committee, Mr. Borislav Pelevic, the WAKO President, Mr. Istvan Kiraly, the WAKO

On a friendly meeting arranged during the World Cup, Mr. Pal Schmitt discussed with the WAKO President Mr. Borislav Pelevic and the WAKO Vice-President Mr. Roy Baker the situation in the International Olympic Committee concerning recognition processes and the Olympic agenda till 2024. Mr. Schmitt congratulated the WAKO officials for the IOC recognition the WAKO received as a member of the AIMS- Alliance of Independent Recognized Members of Sport. He commended the WAKO officials for the hard work in the last several

Mr. Schmitt promised full support under his enormous experience and authority as the IOC member in the WAKO recognition process.

Activities needed to be fulfilled before means the WAKO has to finish all duties concerning the recognition from the IOC. The WAKO is in the process of preparing this huge documentation and the last day of August is the deadline, so it will be handed in on time at the Sports Department of the IOC.

M.P.

WAKO KICKBOXING

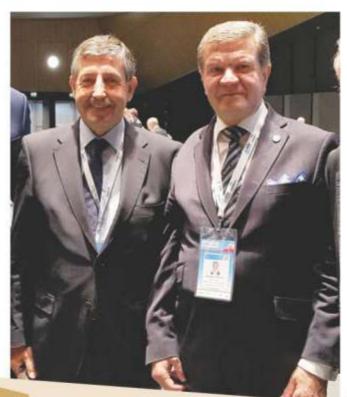
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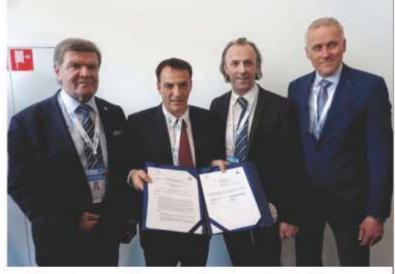


Mr. Borislav Pelević and Mr. Roy Baker with Mr. Tomas Bach, IOC President

# SIGN FOR THE FUTURE

During the SportAccord Convention, held in Lausanne from 17 to 23 April this year, the Independent Association of International Recognized Members of Sport (AIMS), the umbrella group of 23 International sport federations and the International Olympic Committee (IOC) signed a document of recognition. Thus, the AIMS has become the fourth recognized partner of the International Olympic Committee, side





WAKO Delegates with Mr. Stephan Fox, AIMS President, after signing of The Document of Recognition

by side with such organizations as: the ARISF, the AIOWF and the ASOIF.

The WAKO, as the member organization of the AIMS, in this way has become a part of the Olympic family of sports.

This document of the recognition was signed between the President of the IOC, Mr. Tomas Bach and the President of the AIMS Mr. Stephen Fox. All the four Vice-Presidents of the IOC as well as the IOC Sports Director Mr. Kit McKonnell were present at the signing. The founder and the honorable member of the AIMS Board Espen Lund, the WAKO Vice-President, was also present at the signing of this historical Memorandum.

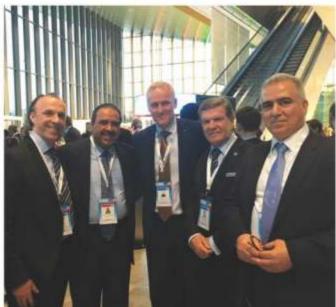
Following many years of hard work on the harmonization of all necessary documents of the AIMS with the IOC ones, the recognition has become a dream come true

The WAKO President Mr. Borislav Pelević, has taken the advantage of this event to make a series of meetings with the highest International sports officials, such as **Sheikh Al Shaba**, the President of the Olympic Committee of Asia, **Jose Perurena**, the President of the IWG, **Stefan Fox**, the President of the AIMS and the President of the World Muay Thai Organization.

"I have to express my gratitude to the IOC President Dr. Bach for his vision, his mission and support of sport, as well as to the international federations which are striving to gain individual recognition by the IOC which, nevertheless, work towards good governance and the overall development of sport for the benefit of the society. Today, 23 international sport federations showed their gratitude to the IOC for the

WAKO President Mr. Borislav Pelević with IWGA President Mr. Jose Perurena





acknowledgement and for opening the doors to the non-Olympic recognised sports. A special thank must also go to the IOC Sport Department for their professionalism, especially the IOC Sports Director Kit McConnell and the Head of the IOC Sports Partnerships Jenny Mann. "— Stephan Fox, the AIMS President.

## THE AGREEMENT BETWEEN THE IWGA AND THE IOC

A highly significant event took place in Lausanne. It was the signing of a Memorandum of Understanding between the International Sports Organizations, IWGA, and the International Olympic Committee. This means that the IWGA as the organizer of The World Games has become an equal partner of the IOC.

The document underlines the closer cooperation between the IOC and the IWGA which was set out in Recommendation 6.1 of the Olympic Agenda 2020. It states "... the IOC and the International World Games Association (IWGA) to closely cooperate regarding the sports programme composition and their respective evaluations." The new agreement confirms that "the IOC recognizes the importance of The World Games as a multi-sport event and the IWGA is committed to



Mr. Stephan Fox with Mr. Tomas Bath

IWGA and IOC Presidents signing The Memorandum of Undestanding

WAKO Officials with Sheikh Al Shaba, the president of the Olympic Committee of Asia

New SportAccord President Mr. Patrick Baumann with WAKO President and WAKO Vicepresident



developing its activities in the Olympic spirit and in conformity with the Olympic Charter".

Next year, the Polish city of Wroclaw will host The World Games were kickboxing will be a demonstration sport, presented by the discipline K1.

By July 2017, it is necessary to hold all kickboxing continental championships, which will be qualifying tournaments and which will determine the best athletes, who will in turn participate in The World Games.

"What a historic day for our sport! The WAKO is proud to announce that as and from today under the auspices of the AIMS which we are a member of, the WAKO is now part of the IOC family under the auspices of the AIMS.

The AIMS today signed a MOU with the IOC and has become an officially recognized partner within the IOC alongside the ARISF, the AIOWF and the ASOIF.

Congratulations to all our members, we are now an official part of the Olympic movement of sports with all the associated support services at hand for all our members. Bravo!," said the WAKO President Dr. Borislav Pelevic addressing the news agencies.

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WRKO KICKBOXING 29

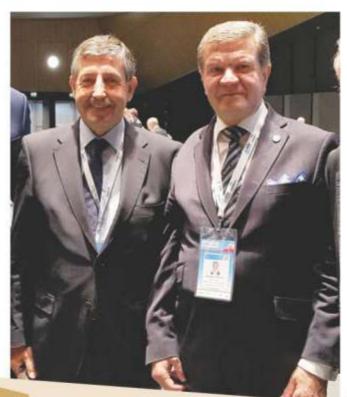
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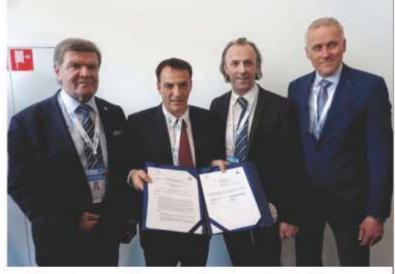


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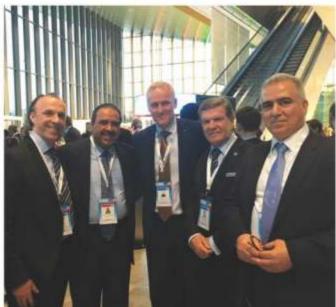
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M.P.

WRKO KICKBOXING 29



#### WAKO World Cup "Austrian Classic" Innsbruck

Venue: Olimpian Halle, Innsbruck, Austria

Organizer: OBFK - Austrian kickboxing federation Promoter: Michael Kruckenhauser, Otmar Felsberger

Date: 15-17/04/2016

# KICKBOXING IN INNSBRUCK





Traditionally, the middle of April is the time when WAKO best fighters start packing their bags and equipment to travel to Innsbruck to attend one of the biggest WAKO Cups.

The Cup saw 2241 competitors, from 244 clubs and from 31 WAKO countries this year.

The disciplines were point fighting, light contact, kick light, full contact and K1-Rules for younger and older cadets, juniors, seniors, and veterans.

On eleven tatamis and in two rings there was as much crowd as the most finicky fans will want.

Phenomenal fights, on an all-day program, turned the Olympian hall into a real kickboxing arena. The best 69 referees from all around the globe were responsible that the event goes smoothly and without problems.

As every year, we had a pleasure to watch great fights in the finals such as **three of Roman Brund!**: in LC seniors -89kg he won
Peter Zaar, in PF seniors -89kg he lost from
Eric Zorn and in PF -94kg he won Drlje Jure.

In K1 seniors male -63,5kg Habash Antoin was better than Ljutic Redžo and Gullotti Luisa won two final fights in PF seniors female in -60kg and -65kg and the great fighter Novoseltsev Aleksei from Russia won gold in a great fight against Giordano Ennio.

M.P.

## Point fighting TOP TEN Great Champion seniors male ranking list was:

- 1. FELTON Jack,
- 2. BRÜNDL Roman,
- 3. JEFFERSON Leon, VERES Roland.

## Point fighting TOP TEN Great Champion female ranking list was:

- 1. SZABÓ Dorina,
- 2. NAGY Henrietta,
- KÁDAS Adrien, GULLOTTI Luisa, PANTALEO Elena.

Three days of the WAKO World Cup were full of great fights, friendship, solidarity and fair play.



Club Nation	1. Place	2. Place	3. Place	Total
KiralyTeam Pointfighting Academy HUN	20	7	8	35
NATIONAL TEAM SLO	12	17	14	43
HMD Italia ITA	10	10	8	28
CSKA-Moscow RUS	9	4	4	17
Czech Full contact Union CZE	8	9	17	34
Debreczeni Team HUN	8	4	11	23
Chikudo Martial Arts LIE	6	6	8	20
Best Fighter Team ITA	6	5	9	20
TOPTEN LIGHT REVOLUTION ITA	5	5	0	10
KBK Mawashi Makarska CRO	5	2	4	11

#### Point fighting TOP TEN grand champion:

Point fighting grand champion junior male: Everill Elijah (GB)
Point fighting grand champion junior female: Angelino Domenica (ITA)
Point fighting grand champion senior male: Jack Felton (USA)
PF Top ten grand champion senior female: Szabo Dorina (HUN)



Point fighting younger cadets team: Kiraly Team Point fighting Academy (HUN)

Point fighting older cadets team: CSK Moscow team 1 Point fighting juniors team: CSK Moscow team 2 PF Team seniors: Kiraly Team Point fighting academy



#### **WAKO Balkan Kickboxing** Championships

Vrbas, 27th-29th May 2016

## **VRBAS HOSTED** BALKAN

Balkan's kickboxing Championships 2016 was held in Serbia, town Vrbas. This tournament was very well organized by local kickboxing club and it's President Dušan Kilibarda (WAKO Balkan Board member), in beautiful sports hall which offers good facilities for one big championship.

This year competition gathered six regional countries with 170 participants: Serbia, Bulgaria, Montenegro, Slovenia, Macedonia, Bosnia and Herzegovina.

The competition was in disciplines: K1, low kick and kick light contact.

The most successful country was Serbia, for what they got a big nice cup. The second place for success went to Bosnia and Herzegovina and the third was Bulgaria.

The best-announced competitor was Miloš Keljanović (Serbia), low kick.

During Balkan's Championships, it was held Board of directors of Balkan's federation meeting.







The new WAKO Balkan's President Vladimir Sitar on awarding ceremony

The new President of the Balkan's WAKO federation, Vladimir Sitar (Slovenia), was elected unanimously.

Maria Kozleva (Bulgaria) stayed as General Secretary, and technical secretary will be Petar Petrović (Serbia).

New President Vladimir Sitar expressed his satisfaction with this position. On the meeting, the new initiatives and plans for the future work were on the table and the new Board started to work properly.

The most important attitude which was shared among all members of the Board was that this group of 12 European countries, where kick boxing is very well developed, has to encourage it's work and in the short period has to determine the goals and methods of work.

## Turkish Open Tournament Antalya, 8th April - 10th April 2016

## GREAT **TOURNAMENT IN TURKEY**





The Turkish Open International Kickboxing Tournament, which was held in Antalya, "Kepez Turgut Ozel" Sports Hall, hosted approximately 1,000 athletes from 15 countries with referees, plus coaches and officials.

Point Fighting, Team Fights, Grand Champion Open, Kick Light, Light Contact, Full Contact and Low Kick were disciplines on this Championships. As it was held for the first time, the tournament fulfilled all the expectations about the quality of fights and great atmosphere. Over 100 referees were on duty on 8 fighting areas.

On the opening ceremony, representatives of the participating countries were given special gifts. There were teams from: Israel, Azerbaijan, Denmark, Croatia,

India, Iraq, Iran, Kosovo, Palestine, Macedonia, Turkmenistan, Uzbekistan, South Africa and Turkey.

The Promoter of this great event was Turkish kickboxing federation leaded by President, Mr. Salim Kayici, WAKO Europe Vice President who took chance to thank and congratulate to all participants and to invite them to come again next year: "I would like to thank all of the participants and countries for their participation and I would like to invite them back next year along with those who could not participate. We had a great time in Antalya.""

#### YOKOSO DUTCH OPEN

29th-30th April 2016 Amsterdam, Sporthall Zuid

## YOKOSO **MEANS** welcome



This year edition of Yokoso Dutch open hosted 16 nations with a total number of 788 entries. The nations that took place were the Netherlands, the United Kingdom, Germany, Hungary, Belgium, Italy, Wales, Austria, Spain, Poland, England, Ireland, Portugal, Slovenia, Switzerland, and France.

The promoters have changed the Cup venue this year to the Sporthallen Zuid, the biggest Sports hall in Amsterdam next to the Olympic Stadium.

The disciplines in this year's edition were point fighting, light contact, K1, kick light, musical forms and/or traditional forms. The tournament has really grown in the past few years and this was the first time it had been a two-day event.

New categories K1 and for the first time kick light for younger and older cadets (under 16 years) were introduced this year.

Also, the Grand Champion Forms category was established this year. This category is open for everybody and has only a time limit rule of 3 minutes. There's a men and women division with no age limit. You are free to do weapons,





The best four nations by number of medals were: the Netherlands with 126 medals in total (32 G,37 S,57 B), the United Kingdom 69 (28G, 19 S, 22 B), Germany 116 (23 G,41S, 52 B) and Hungary 12 (10 G, 1S, 1B).

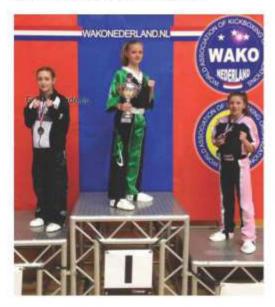
Three best teams in the Cup were: 1. Kiraly (Hun), 2. Team Bristol (UK) and 3. Karatedo Yokoso (the Netherlands).

JORIS VAN DEN BERG is the Grand Champion for this year's Yokoso Dutch Open. He won both musical forms and the Grand champion forms at Yokoso Dutch Open 2016!!

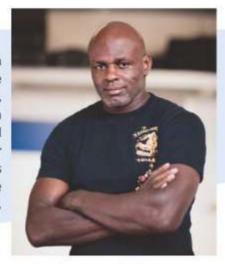
The great champion Ernesto Hoost, the legend of kickboxing, was a special guest on the tournament and held a seminar for cadets and juniors as well as for the interested seniors.

traditional, with music, unlimited tricks, aerials, and gymnastics. No rules, except time.

The new special prize was approved for the winner of the Grand Champion, sponsored by SCKA Weapons!



The great champion Ernesto Hoost, the legend of kickboxing, was a special guest on the tournament and held a seminar for cadets and juniors as well as for the interested seniors.



Also, there were money prizes for the Grand Champion Men division prize of €500, Women € 350 and for all Tag Team champions €300.

A beautiful location, great organizing staff, confirmation of the Sportdata system, incredible location party, best WAKO referees and good level of fighters in all styles...just one thing has never changed in all these years on the Yokoso Duch Open: HOSPITALITY and FRIENDSHIP!!

A.E.

#### **WAKO** Medical seminar in Amsterdam

August 20 and 21, 2016

## First WAKO Ringside Physicians certified in the **Netherlands**



On August 20 and 21, 2016 the first WAKO Ringside Physicians in the Netherlands were certified. The chairman of the Medical Committee Dr. Hagen Biermann and the president of the Dutch Fight Sports Organisation VON, Alexander Engelhardt with the support of the WAKO International's Chairman of the Health Committee Dr. Zoltan Pall a medical course, which covers all requirements of the medical and safety aspects of the ring and tatami sports.



Dr. Hagen Biermann, The chairman of the medical committee of the Dutch Fight Sports Organisation VON

Dr. Kai Schilling, an experienced German AIBA Ringside physician, held lectures concerning this educational program.

The 2-day course opened with educational lectures on the organisational and legal facets of the medical ringside activities, followed by the medical topics. Important topics covered in the afternoon session were neuro-trauma, concussion and second-impact syndrome, injuries of the musculoskeletal system and dental- and cut-lesions. A social dinner after the official part of the program offered the opportunity to the participants to discuss the topics of the day.

Day 2 began with a practical training and ringside simulations of common situations and injuries. The participants were able to practice their newly acquired ringside skills and knowledge in typical ringside situations. The course finished with a practical and theoretical examination for the participants.

A.E.

#### Interview with Jan Frana WAKO international referee

# EVERYWHERE IS NICE WHERE KICKBOXING IS GOOD



#### When did you start with refereeing in the WAKO?

- I am in the WAKO from 2006. Before that, I was the member of Karate federation. I stopped my karate career and I started kickboxing. I actually started with martial arts in 1993, but refereeing in karate I started about 2000. At the same time, my focus moved to an interest in contact martial sports so I was at the same time discovering rules and regulations of the contact sports. That's how I discovered kickboxing and started as the referee in Czech full contact Union. Now, in Czech federation, I am the Chief of the referee committee since 2009.

#### So, your basic, first sport was karate?

- Yes, when I was a kid I trained karate. Shotokan of course, but after I tried kyokushinkai also. I had a problem in these times with contact on the tournaments, my nature is more in contact sports, so I had to move a step forward and try kickboxing. There were other martial arts I had experienced, judo, aikido, but only for a training, not for the competitions. I discovered kickboxing as the most completed contact martial sport, trained a lot but I had only a few fights to compete. I stayed only in

Comparing my career as karate fighter with more than 700 fights, I was not quite a kick boxer, but I learned a sport to its details.



#### When you started refereeing in kickboxing what were your main problems?

- It was not so strange and hard for me knowing that I came from karate, for me moving in the ring is familiar, but I was a little bit concerned how will I be successful? I am very sharp with myself so I wanted to do my best. Now, I think I am doing good!

#### WAKO passed a long way improving the refereeing. What is your comment now?

Referee seminars on the main championships are the main source of the information that has to be spread between us. Less of experience of the concrete work in the ring is a bigger problem, knowing that many of the newcomers are paying expenses of participation in the main events in WAKO from their own pocket and to be present in all main tournaments is sometimes impossible. On the continental or world championships, we use the opportunity to educate less experienced judges and referees. This is hard, but the only way possible to have the best way to organize education for new judges and referees. The big part of the work with judges and referees in WAKO is on the national federations also.

For example, in the Czech Republic, we have the scale of the referees: A,B,C class. To the main WAKO Championships, I am sending only A class referees. We offer referees which have at least five or six years experience on the championships.

Save the athlete, be neutral, lead the fight in the fair play and be aware of the points are the main three rules every judge has to know.

## It is still possible to see on the championships, especially with the transparent the Sportdata system of scoring, that there is a huge difference between referees how they count the points?

Each referee has his own feeling of the fight. We have to understand this. On every referee seminar, we speak about this. This is not a mistake, but it has to be equalized. Good stability, good move, good technique, good distance and perfect strength is the punch (or kick). But, two pairs of the eyes don't see the same literally. At the end, this difference between the number of scored techniques comes at the same level. We have a supervisor on the each ring so our counting is checked after each match. There is no space for the huge mistakes. Every list is checked. It is a never-ending job, but at the end, everybody is satisfied with the results. Supervisors of the rings on the competitions are in the position to explain all mistakes or confusions at the

moment, so that is the best way of learning. Exhausting yes, but effective.

#### In your national federation, you are?.....

I am the chairman of the referee committee and I am Vice President of WAKO Czech republic.

#### What are the main problems now you have in your federation?

The main thing I concern as the problem is that our fighters go to MMA to fight or to Muay Thai. It is not only about money, that is prestigious at the moment, it is popular. It is UFC that is so popular.

Kickboxing in the Czech Republic had a good position as the sport. We are recognized by the National Olympic Committee, Ministry of Sports, so the position is very good. We have National team recognized by governing bodies, we go to the World and European championships and Cups and do our national tournaments. We have K1 league, a league for the tatami sports and we attend about 23 tournaments per year. We organize our big tournaments: Czech open for ring sports, Czech Open for tatami sports, European K1 Cup. We are doing good.

#### Do Czechs prefer ring or tatami?

What I can say is that point fighting is not so good in our country. We have a quality league for light contact and kick light but, my opinion that Czech fighters prefer ring sports, especially K1. Low kick also. We have very strong fighters here. Kickboxing is a popular sport, but not as football. We like to watch pro galas, we have our pro fighters very often on the pro galas.

Our youngest division is among six years old children fighting in light contact. From twelve, we start with other tatami disciplines so as with ring. Stress is on good protecting equipment. When children start with ring



disciplines, good protection is the number one condition. And we take care to have good referees on their competitions to avoid any unnecessary situation.

As for me, K1 is the best discipline in the WAKO. The strongest, with best fighting techniques, the most popular.

## You are traveling all around the world for WAKO and WAKO PRO tournaments. Can you remember some nice memories from your job?

Auh, there was a plenty of that. So many travels, different airports, countries, people. Sometimes I was left at the airport when promoter forgot to pick me up. In Azerbaijan, I will never forget such speed drive of the buses. I love to travel at sunny destinations, where there are beaches and ocean. But everywhere I was, I enjoyed great hospitality and company of great people. And if it was a good tournament, it doesn't matter which country I was. North, South, East, West- if kickboxing is good, everywhere is nice.

M.P.



#### Polish Open 2016

Ostrowiec Swietokrzyski, Poland 29th April- 1st May

The beautiful city of Ostrowiec Swietokrzyski in Poland hosted the WAKO Europe Cup "Polish Open" this year.

This great tournament took place from April 29 till May 01, 2016. More than 400 fighters competed in 4 kickboxing disciplines: point fighting, kick light contact, full contact and low kick.



## Kickboxing Tournament in Slovakia

SLOVAK OPEN

Banska Bistrica, 19-21 February 2016

This was the 17th time that the town of Banska Bistrica had hosted the kickboxing tournament. This tradition confirms that kickboxing has a bright future in Slovakia and the participating countries in this region. The tournament is in honor of Ladislav Doki Toth. 829 participants from 68 kickboxing teams and 9 countries participated in it.

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#### ILIDŽA OPEN 2016 Tournament

Venue: Bosnia and Herzegovina, Sarajevo (KSC Ilidža hall)

Organizer: "Kickboxing Academy Ilidža" Sarajevo

Promoter: Nermin Bašović

Date: 27.02.2016

## Tournament in Sarajevo



"ILIDŽA OPEN" is the 7th international kickboxing tournament held in Sarajevo for children, cadets, juniors, seniors in disciplines:

Point fighting, Light contact, Kick light, Low Kick, K-1 rules. Over 400 competitors, 60 clubs from 5 countries participated in this tournament.

Venue: Bosnia and Herzegovina, Bihać (Sports hall "Luke") Organizer: Kickboxing center "Bihać" Promoter: Zijad Halilović Date: 02.04.2016

## BIH OPEN IN BIHAĆ





"BiH OPEN" is the oldest WAKO international kickboxing tournament in Bosnia and Herzegovina. It is traditionally held in Bihać and this year was 17th International Kickboxing Cup "Bosnia and Herzegovina Open - Bihać 2016" for children, cadets, juniors and seniors in disciplines: point fighting, light contact, kick light, full contact, low kick, K-1 rules and musical forms.

257 competitors, 33 clubs from 5 countries took part in the tournament.

Romeo Deša





One more WAKO application for membership in an international sports organization

# WAKO delegates meeting with FISU (International University Sports Federation) representatives on the SportAccord Convention



During the SportAccord Convention in Lausanne, WAKO delegates: Mr. Borislav Pelevic, the WAKO President, Mr. Roy Baker, the WAKO Vice President, and Mr. Espen Lund, the WAKO Vice President, had a very important and successful meeting with the International Sports Organization for University Sport. The meeting was held in the FISU office in Lausanne.

The FISU (The International Sports Organization for University Sport) representatives Paulo Ferreira (the FISU Director) and Dejan Susović (the Chief Operating Officer of the FISU) were very pleased with the constructive meeting and confirmed that the FISU is interested in having the WAKO as their member.

The application procedure was explained at the meeting. The WAKO Committee for international relations intend to start working on the application immediately the Convention is closed.

Mr. Dejan Susović

The FISU representatives have stated that a great number of the WAKO National Federations are already members of their National FISU Organizations and that they already compete on the University WAKO Championships, which, in a way, is further confirmation of the huge steps that the WAKO is making towards the FISU.

In writing a new chapter of the WAKO history, the FISU membership will be have incredible impact on the credibility of our organization.

M.F

## INTERVIEW WITH **NORVEGIAN KICKBOXING STAR**

#### THEA THERESE VINGMARK NAESS

## THE LION HEART

#### 1. Who is Thea Therese?

My full name is Thea Therese Vingmark Næss and I am 31. I live in Oslo, Norway and I'm married to Christian Galvez who is an assistant coach for the national team and in Fighter kickboxing club.

I work as a coach at WANG top-athlete high school, for martial art students. I have recently earned a bachelor degree in Public Nutrition.

#### 2. When and how did you start kickboxing?

I started kickboxing at the age of 15, encouraged by my father, who had just resumed his hobby kickboxing. It was "love at first sight", I was hooked! Two things in particular triggered me: the variation of the training, focusing both on strength, speed, endurance and the technical side of the sport.

#### 3. What were the most difficult challenges for you in your sports career till now?

The toughest challenge is to combine the athletic career with studies and holding a job at the same time. I always feel that I am out of time, it has actually become my lifestyle.

But, that is the price I am paying, for now. Luckily, I am surrounded by people who support me and who have the patience and understanding necessary for me to "go for it" without having to feel bad.

#### 4. Thea, you are a fantastic woman and you have a serious approach to sport. What are the most important things an athlete should take care in preparation period?

We split the year into time periods, where we do a lot of all round training, providing the base for the whole year. The closer we get to a competition, the more we focus on our strong sides. The idea is that you really focus a lot on those sides of your techniques where you are strong in order to be the best you can in the fight. There are several elements that are central to being a serious athlete. The "24 hour athlete", a concept covering smartness and quality training, good healthy nutrition, restitution and the ability to listen to the "inner voice" when it comes to





both mental and physical status. In the beginning, it is very easy to fall into and do what you think is expected of you, rather than what is right for you. If you want to achieve your goals it is also utterly important to be patient in the learning process and to be 100 percent present in what you are doing.

#### 5. What is your recipe for success?

The coaches and I are working out a strategy for a whole season, preparing the base by overall training, tightening things up before competitions or fights and work and work and work on details, mostly on are strongest sides to myself. If you try to cover too much in time before a competition or a fight you will not be fully focused. This technique for preparation we have used for a long time, I believe with great success. Don't make the preparations too complicated; keep them simple, that is the best way, most of the time. This, I believe is the reason I have managed to hold on to my titles. In our team, we have excellent communication and there is 100 percent trust between us. When we are getting close to a competition or a fight and you know what is at stake, small things can disturb your focus and your self-confidence. In these situations, it is very important to have a strong support team who knows you well enough to sense what is going on and that can give you the necessary support. Apart from quality training over time, healthy nutrition, rest, and restitution, it is very important for me to work on my selfesteem, with the help from my team.

#### 6. What were your biggest achievements in kickboxing?

#### Amateur:

World Champion gold medal 2009, 2013,

European Championships gold: 2008, 2010, 2012, 2014.

Sport Accord Combat Games gold 2010.

Norwegian Championship: gold: 13 times. 2003-2011 + 2013-2016

#### PRO:

World Champion 2010, 2011, 2015 European Champion 2009 Athlete of the year in Open Class in the national athletic

Biggest achievement: To hold on to my titles over time has been a great part of my motivation the last years.

The next big challenge is to find out when to stop.

#### 7. Your main discipline is full contact. How much has that discipline changed from the old times when you started till now?

It has become far more technical. Basically, the competition has become tougher, the competitions have



become larger in scale and there are more sports events than it ever has been. It is actually a pleasure to see that so many people and nations are together in promoting kickboxing and I seems to me that there is a common goal try to get kickboxing on the Olympics.

#### 8. What do you consider as success?

To reach a goal that I have set for myself and after working hard to achieve it. To maintain flexibility over time and to be able to handle challenges over time. That increases the feeling of success, to know it did not come easy, but from determination with blood, sweat and sometimes tears. That is when you have to look deep in yourself to find that extra strength within you. My experience is that we as human beings are far stronger than we believe we are. However, it also has to be fun, or the motivation will slowly disappear.

#### 9. What is your definition of happiness?

"When I wake up in the morning, smiling from the joyful experiences the day before".

I see it as a privilege to have the opportunity to do what I like the best; to train and to compete in my sport. It does not pay off much financially, but it pays off a lot in other aspects. My happy life with kickboxing is possible because I have such a good team around me; my husband, my coach, family, and friends. This makes me happy! Other things in life that make me happy are animals, singing, music, good coffee, silly jokes, good food and to sometimes contribute in helping others who are not so fortunate and who need an outstretched hand. And finally, believe it or not, knitting. I knit mittens, head covers and other needful things for my family and my friends.



#### 10. How do you manage weight control?

Over the years I have learned a lot about nutrition, weight reduction, and training. It is very important to have a wide variation in your food consumption, to train smart, avoid falling into a rigid training and eating regime.

Our bodies can endure a lot, but it is better for your body to take the strains in even rather than uneven portions. I have tried both. In my early days, I was so strict with myself that it was cruel. I became a fanatic and made up my own regime of rules to follow for everything that had to do with training and food. All I achieved was to become stressed out and actually improving less than my peers. I also lost my motivation and got a little troubled about food in general.

So, the best advice from someone "who has been there" is to figure out in which weight class you belong and then balance your training and food intake accordingly. Seek professional help, especially if you need to lose your weight. I believe the best receipt for a long, good athletic career is to find your weight class close to what is your natural weight.

Start any changing process in good time, in order not to stress your body more than necessary. Be your own best friend and treat yourself like you would treat your loved

#### 11. How do you see yourself in the future?

I see myself involved in sports as a coach, a leader or both. Me and my husband have children and we have a big dog. I work with many different types of people groups, involving sports and nutrition, especially with children and youngsters.

I am currently working as a sports teacher at Wang Senior High School, which I like a lot. To be able to guide and motivate such a lovely group of young people gives a lot back to me in the context of energy and motivation.

I wish my career in the future involves motivating different types of people, different groups in our society to encourage them to choose a healthy lifestyle for themselves and their families. I am also really motivated to help vulnerable groups like refugees and drug addicts.

I have so far had the pleasure of participating in some TV-programs and I wish that in the future I have my own TV-program about food, nutrition, and sports and I would prefer if it had a humoristic approach to the subjects we present.

M.P.

## **DOCTORS**

## IN THE SERVICE OF KICKBOXING

#### - What can we say about the main tasks of the Medical committee?

Medical issues are very important for the develop of one sport, particularly for the accreditation for the IOC. As for the WAKO Medical Committee, I can say we have a really good team, we have new doctors engaged in work, dedicated to providing better medical care and medical management in our sport.

First of all, I understand that our duty is to organize accredited medical courses, serious teaching programs which are for certifications of the doctors in our sport, who are engaged by ring and tatami. Now we have 35 doctors on our lists and my intention for the future is to have on the WAKO events only certified doctors.

Second, we are in research projects, such as the project made by our colleague, young Italian doctor, who organized it together with Top Ten and our Medical Committee. Also, we have



Dr. Zoltan Pall, WAKO MEDICAL COMMITTEE:



invitations for lectures such as the invitation I have received from Mr. Jeno Kamuti from the International Fair Play organization. He invited me to make a lecture in Budapest in their organization, to introduce kickboxing as everything but not a dangerous sport, as many people consider it is. With this lecture, I am honored to demonstrate the beauty of our sport and to convince people this is one of the safest sports today.

Our committee gives very much attention on cooperation with other combat sports federations. The world karate federation is from the next Olympic Games the part of Olympic family. They invited me to the medical conference which will be held during the next World Championships in October in Linz and I am planning to turn back the invitation on some of our next World Championships.

We are planning to edit next year WAKO Medical Handbook where will be gathered all necessary information for coaches, athletes, parents and officials about medical aspects of our sport and duties which are obliged to fulfill if you want to be part of the competition.

Our main goal is to improve safety and security of kick boxers, to make our sport with maximum security and minimum risk of medical injuries. The athletes have to understand that all doctors do are in their interest and that we are here for their benefit. Referees and judges must also understand that we are not "competing" with them. We need to coordinate our activity, to work together to help each other in our work. security and to make our sport better and better.



6-7 February 2016 Rome, Italy Hotel Villa Maria Regina

#### Report from the conference

### "A PHYSICIAN IN **COMBAT SPORTS**

The medical conference "The Physician in combat sports" ("Il medico negli sport da combattimento") was organized by Italian Boxing Federation (FPI), in cooperation with Italian Sports Medicine Federation (FMSI), Italian Kickboxing Muay Thai Savate Shoot Box Federation (FIKBMS) and Italian Wrestling Judo Karate Martial Arts Federation (FIJLKAM), with the main goal of sharing knowledge and experiences in medical aspects of different combat sports.

Many experts of national and international level participated in the conference, such as the presidents of Medical Boards of Italian combat Sports Federations, Dr. Antonio Spataro Director of the Sports Medicine Institute of Italian Olympic Committee (CONI), Dr. Mario Ireneo Sturla president of Medical Commission of European Boxing Union (EBU) and Dr. Zoltan Pall, Chairman of the WAKO medical committee. The event was introduced by presidents of FPI, FIKBMS, FIJLKAM, and by Roberto Fabbricini secretarygeneral of CONI, who all agreed in recognizing the originality of this conference and underlined its importance in order to improve the quality of medical assistance to fighters, both in and out of competition.

The conference started with some lectures focused on combat sports-related traumatology. The first-panel discussion was made about emergencies in ring sports (with

second session was dedicated to medical rules with a panel discussion about the relationship between doctors and There was a lecture about injuries prevention in combat

particular attention to cardiac arrest and brain traumas. The

sports, with particular attention to posture and kinematics of movements typical of martial arts, the lecture about weight loss and weight cut in ring sports. Added value to the discussion was the presence on the panel of an elite fighter, such as Gabriele Casella actual WAKO World Champion in Kickboxing K-1 style, who explained his experience in rapid weight loss and its impact on performance and psychology. The last part of the event which was open to all the attending doctors was about wounded in ring sports, and when to stop a fight because of them. Dr. Bianco gave a lecture about doctor evaluation of a wound is crucial for fight outcome and athletes safety, with possible influence even on the future career of the injured athlete.

> Dr. Gianlorenzo Daniele WAKO Medical Committee Member

#### WAKO Women Committee President was present at European Women and Sports Conference held in Stockholm



The European Women and Sports Conference named "Moving towards gender equality in sports" welcomed 150 participants from 39 countries. The Conference was held in Stockholm, Sweden, from 8-10 April 2016.

The WAKO was represented by Kate Kociszewska who chairs in the WAKO Women Committee.

Within 3 days of the conference, panel sessions took place. Within group work, the following topics were

- Gender balance and equality in decision-making in sport
- Fight against negative gender stereotypes in sport and the role of media

## MOVING TOWARDS **GENDER EQUALITY IN SPORTS**

- Gender equality in sport

The conference was charged with energy and professionalism, as well as a positive atmosphere.

Final recommendations for further action symbolically named as QUEEN are the following:

- Q Quotas, nomination committees and terms of office should be introduced by decision-making bodies to create structural change.
- U Use social media to create new women's media.
- E European model for stressing gender-based violence, adopted by all countries, should be developed, and which will create a safe and secure environment in sport.
- E Evidence-based data and education and training should be used to develop "gender sensitive" sport and the results monitored continuously.
- N Normalize women as coaches and develop a culture and conditions for all coaches to meet the diversity of

These recommendations will now be implemented at different levels, in different organizations, wherever we are, and will be monitored and followed up by EWS.

It was arranged that the new Conference be held in two

WAKO KICKBOXING 45

We have the same goal: to improve athletes - Fight against gender-based violence in and through sport years in Botswana. **AMERICA vs. SERBIA** FIGHTING TOURNAMENT

## THE AUDIENCE WON THE BEST PRIZE



\*\*\*\*\*\*

Long time planned spectacle was the top event in professional kickboxing ever held in Serbia.

The gala revue was held in the village of Končarevo, near the town of Jagodina, 7th July, the date of the celebration of the Holy day of the village. At the local football stadium over 15000 spectators, hungry for good matches and fair play gathered. A special treat for the audience was the USA team fighting in the sports arena against the Serbian team, who were the favorite in this spectacle. The Serbs were prepared for the revenge knowing that we had been defeated by the American basketball dream team on the

World Basketball Championship finals soon before.

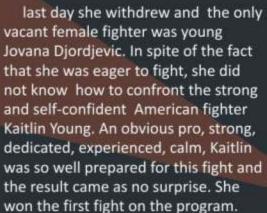
This was the 19th time in the row that in this town we had been given the chance to be part of a kickboxing spectacle. This time was the piece of cake for spectators: this was the first time that the best fighters from Serbia against had fought the best ones from America.

Bad luck for the Serbian fighters was the toughest problem they had to deal with: in the first fight, the announced World Champion in low kick, Dijana Dabetić, had a serious arm injury during the period of preparations, so the







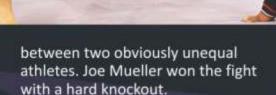


The second fight brought another disappointment for the Serbian team and a new celebration for the Americans. The pause after a long preparation period in the amateur league and the injury he had in Budapest, cost the World Champion title holder Slobodan Mijajlovic and the World Cup Champion from Budapest 2016, the victory. The match ended with Nathaniel Richardson, a fantastic fighter, smoothly winning the fight.

Even the audience expected the contrary, they awarded the great fighter with a big applause.

The third fight was the fight between Joe Mueller and Boban Marinković. Serbian fighter was at the end of his career so this was supposed to be his last pro fight. The American fighter was much better prepared and this was the fight

\*\*\*\*\*\*\*



The fourth fight was the battle of the giants. Two very strong fighters were both so close to winning but in the end the American fighter Omari Boyd gained victory. He defeated Nemanja Pantelić in one great fight.

Even though the audience was surprised by the failure of their favorites, they granted the American fighters with big applause and ovations.

The final fight brought to the host an alleviation after the Americans had a score 4:0. Aleksandar Konovalov, a Serbian star, a champion, a great fighter debuted that night in K1, even though his main discipline was low kick. His opponent Kevin Croom did not go further than the first round, where he got serious eye injury and could not continue the match.

The spectacle was even better after the 4:1 result for the Americans



when the best Serbian pop singer Ceca started the concert. An after party was great in a nice restaurant in the Jagodina Zoo garden.

The promoter of this event, Mr. Dragan Marković was obviously disatisfied with the result. Yet, he congratulated the American team on the success, announced a revenge at the same time next year.

## A report from The World Cup BEST FIGHTER Rimini, Italy, 3rd- 5th June 2016

# THE BEST FOR THE BEST





This year tradition is going on with new WAKO World Series Kickboxing Cup "The Best Fighter". A fantastic tournament took place at the beautiful Riviera of Rimini, gathering fighters from 28 nations.

This tournament has established high standards when it comes to promotion and all participants can be sure that the promoter, Gianfranco Rizzi knows what his job is: to make this tournament a prestigious one. What made this tournament different from the previous one was the fact that the promoter Mr. Rizzi provided a special prize for 6 best women and 6 best men fighters (in each style): the invitation to fight on the prestigious WAKO GALA PRO in Rome 17th September. A very tempty offer, with travel and accommodation costs covered, proving that this amazing investment is worth over 35000 EU.

There was ongoing scientific research "
What does victory depends on" on the Cup,
which was organized by the Department of the
Neurosciences of the University of Parma. That
was a new contribution to the further growth for
the kickboxing environment.

1735 total entries of very high-level fighters were registered in the 341 fighting categories in all the WAKO disciplines.

The big tournament started on 3rd June with a WAKO referee seminar for tatami sports.

At the overture of BESTFIGHTER WAKO



WORLD CUP, the promoter Gianfranco Rizzi and the Kickboxing Italian Federation President, Donato Milano, asked for 1-minute silence in honor of the boxing legend Muhammad Ali who had passed away.

On the schedule for the second day there was point fighting, light contact, kick light, ring sport in all disciplines: low kick, full contact, K1, then point fighting Grand champion (man and woman, juniors and seniors) and also traditional kata, musical forms/weapons for cadets and musical forms (a trick contest and Grand champion men / women).

Among the participating countries, Italy was the best with 133 gold, 117 silver and 206 bronze medals. If you take into account that there were in total 896 athletes on the Cup, we

Donato Milano, the President of WAKO Italy:

This Best Fighter Cup is an incredible
opportunity that combines sport-friendshipculture. We have gathered here to enjoy sport
at the highest level, we have the opportunity to
establish kickboxers as friends and we are here
to meet Italy and its great culture.



Paulina Jarzmik Winner in Kick Light -60kg, Winner in Light Contact -60kg, and 2nd Place in Pointfighting -65kg & AWARD for the Best Female Fighter in Kick Light



count that almost every second fighter won a medal which is amazing! It is worth noting that this was the number of participants from one country only!

Norway was present with 115 competitors, Bulgaria with 75, Poland 84, the Russian Federation with 89, Slovenia with 68, Ukraine 77. Congratulations to all these countries on the important number of competitors!

The best country was Italy, followed by Russia, Ukraine, Poland, Norway, Bulgaria, Slovenia Liechtenstein, the United Kingdom and Germany.

The best three point fighting teams were the Hungarian Kiraly team, on the second place the Italian team Best fighter and Akiya team from Italy won the third place.





Amazing trophies in the WAKO World Series in Italy. The Best Fighter gives the best to the very best!





M.P

WAKO European K-1 Cup Prague 2016 22nd - 24th September



K-1 ARENA

One could almost touch the energy in the air. Two days on four rings more than 300 fighters were seeking for the victory in the Arena Sparta in Prague. It was the tournament in WAKO K-1 discipline- the strongest, the toughtest.

The level of adrenalin was extremely high. Many of the fighters entered in the fights seeking for the KO.Unpredictable and intresting fights, fights without a compromise.

Two days there was a live stream on the Czech full contact Union web site.

Congratulations to the organizer for the fantastic tournament.

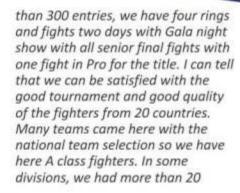
Jan Frana, representing the organizer Czech full contact Union:

"One division K-1 is enough to fulfill the expectations for the good fights. We have here all age divisions: cadets, juniors, seniors, female and men, and all weight divisions. With more









fighters in qualifications, so the competition was very high. This is the last gathering of the best K-1 fighters before the European championships in Maribor, which is the qualifying tournament for The World Games. Good test for everybody. I have to say that I am satisfied personally because we have on the finals ten Czech fighters. We

have prize money provided for the each winner in seniors division in amount of 1000 EU for men and 500 EU for a woman. I have never seen such good money awards on the tournaments like this. Hope that next year we will have more competitors and this tournament will grow in all senses."

WAKO New Zealand has became a member of New Zealand Olympic Committee



On the Board meeting held on 16th June ,2016, New Zealand Olympic Committee approved that WAKO New Zealand is now a member of the Olympic family in New

This is a great step forward for the WAKO kickboxing, in the process of extending on all the Continents under the Olympic umbrella.

The application for Associate membership in New Zealand Olympic Committee was the part of the ongoing process of the WAKO's IOC recognition, and it came as a reward for the great work of Mr. Peter Thompson, WAKO New Zealand President and WAKO Oceania President.

This historic moment for the kickboxing sport in New Zealand and for the WAKO, Mr. Peter Thompson commented:

"I am grateful for the assistance of the WAKO President, all WAKO Board members who have shown their support both to WAKO New Zealand and myself personally over the past few years.

I must however recognize and acknowledge the support from a number of special individuals: Espen Lund, Horst Prelog, Roy Baker, Vadim Ukraintchev and Barbara Falsoni- thank you.

Your commitment and encouragement is greatly appreciated, in your own right you are all models of the higher ethos and pathos we should all be striving for."

With congratulations from Kereyn Smith, the Chief executive officer and the secretary general of New Zealand Olympic Committee, the WAKO can proudly say that is the only Kickboxing organization which has ever been considered by the Committee before, let alone given official recognition.



UNDER THE HIGH PATRONAGE OF H.S.H PRINCE ALBERT II Friday 24 June 2016
3rd MONTE-CARLO FIGHTING MASTERS

## 9 FIGHTS FOR 9 KICK-BOXING WORLD CHAMPION TITLES: A WORLD FIRST

The 3rd edition of the Monte-Carlo Fighting Masters which took place at the Louis II Stadium, on 24th June 2016, with a 9 fights for 9 Wako Pro Kickboxing world championships was a remarkable success.

A prestigious evening, placed under the High Patronage of H.S.H Prince Albert II, to whom the organizers, Cécile Gélabale, Félicia Pouget and Claude Pouget, dedicated the Event.

Television broadcasting in 80 countries on 9 TV channels, including 5 live broadcasts.

18 international stars (including 17 World and 1 European champions) chosen by the Wako Pro, including 17 World champions and one European champion,





representing 10 nationalities (7 French, 2 Italians, 2 Russians, 1 German, 1 Sweden, 1 Belgian, 1 Serbian, 1 Belarusian, 1 Kyrgyz and 1 Bulgarian), took part in the event, refereed by the World's best referees, selected and recognized by the Wako Pro.

#### A sport and charity event

Sixteen thousand (16 000EU) Euros were donated by the International Martial Arts Academy of Monaco, the organizer of the Monte-Carlo Fighting Masters, to the Monegasque associations: Peace and Sport and Friends without Borders International, to support their endeavors.



a politically neutral and independent organization based in the Principality of Monaco, which works to promote sport as a tool for peace. Founded by current President Joël Bouzou in 2007, Peace and Sport is a global initiative under the High Patronage of His Serene Highness Prince Albert II of Monaco.

Peace and Sport act to put sport at the heart of concerted, effective and relevant political action, to make the sport a catalyst for peace.

The funds raised during the 3rd Monte-Carlo Fighting Masters will finance the organization of the Great Lakes Friendship Games, gathering for 3 days 300 teenagers from Burundi, Rwanda, and DR Congo.











#### International icon- Anissa Meksen

Among the stars of the evening, Frenchwoman, Anissa Meksen, who holds 10 World champion titles, made a lasting impression by unanimously winning over judges and spectators. The Frenchwoman was awarded the title of Wako Pro 2016 World champion and was presented with the prestigious H.S.H Prince Albert II Cup by Marie-Cécile Moreno, Deputy Director of National Education, Youth and Sports, succeeding the Thai boxing legend, Buakaw.

Peace and Sport and "Amitiés sans Frontières International" Trophies were awarded respectively to the Italian World champion, Gabriele Casella and Russian World champion, Aleksei Trifonov, after their victories.



#### Mr.Claude Pouget, the Organizer of the event

In the Principality of Monaco, the WAKO PRO event 3rd Monte Carlo Fighting Masters was represented by Mr. Claude POUGET, also Monegasque Kick Boxing Federation, President and National Technical Director, Expert, eight-degree black belt. The Monegasque Federation is approved by the Monaco Government, recognized by the Monegasque Olympic Committee and WAKO's member.

With the renewed support of Mrs. Cecile Gelabale, Mr. Claude Pouget has been appointed as General Director of this event.

Claude Pouget is a Legal Advisor and a Member of the Chamber of Legal Advisors of Monaco. Honorary Police Commander, International Police Association member, holder of the Monaco public office silver-gilt medal awarded by H.S.H. Prince Albert II of Monaco

Master Claude Pouget is one of the World's most referenced multi-specialist instructors, being expert, highly graded or state certified in no less than ten martial arts, self-defense and combat

In November 2012, HSH Prince Albert II of Monaco awarded Mr. Claude POUGET with the Silver medal of Physical Education and Sports.



#### Simply superb fights!

All the fights were of an exceedingly high quality with, to end this exceptional event on a high note, a fight between the two most offensive international stars: Belarusian, Chingiz Allazov and German, Enriko Kehl, whose strength and fiery opposition delighted spectators.

Allazov won thanks to an impressive K.O in the 5th round.

Allazov's performance is even more noteworthy when we remember that the German recently scooped the prestigious K1 World Max when he competed equally with the mythical Buakaw and lost by split decision to the Italian, Giorgio Petrosyan...

A prominent feature was the excellent performance of all the athletes and in particular, the winning Wako Pro 2016 world champions: Yohan Lidon, who won his 14th world title, Youssef Boughanem, Cédric Doumbe, Dylan Salvador (who won through TKO), Cédric Tousch, Gabriele Casella and Aleksey Trifonov.

This 3rd edition of the Monte-Carlo Fighting Masters kept all its promises.



#### **RESULTS**

Chingiz ALLAZOV vs Enriko KEHL (Win. Allazov, K.O.) Yohan LIDON vs Datsi DATSIEV (Win. Lindon p.d) Youssef BOUGHANEM vs Armen PETROSYAN (Win. Boughanem p.d.) Cédric DOUMBE vs Ljubo JALOVI (Win. Doumbe p.d.) Anissa MEKSSEN vs Thérèse GUNNARSSON (Win. Mekssen p.d.) Dylan SALVADOR vs Aleksei FEDOSEEV (Win. Salvador TKO) Jérôme ARDISSONE vs Alexey TRIFONOV (Win. Trifonov p.d.) Cédric TOUSCH vs Aleksandar PETROV (Win. Tousch p.d.) Gregory GROSSI vs Gabriele CASELLA (Win. Casella p.d.)

Aleksey Trifonov Won Friendship Cup Sans Frontières International Anissa Meksen Won the Cup of HSH Prince Albert II

WRKO KICKBOXING 57

WAKO PRO EUROPEAN TITLE IN FULL CONTACT, 64.500 KG AUGUST 27, 2016, BERGEN, NORWAY

## Petar Živković vs Milton Gallaretta

What a beautiful city, what a great event!

Mr. Eirik Gundersen, promoter of the "Bergen Fight Night II" showed great skills and capacity in the organization of WAKO PRO European title bout. He did his job brilliant!

This time, it was Full Contact style that we could see and one of the most attractive weight classes, 64.5 kg. The Champion, defending his title was Petar Zivkovic from Serbia and the Challenger was Milton Gallaretta from Norway.

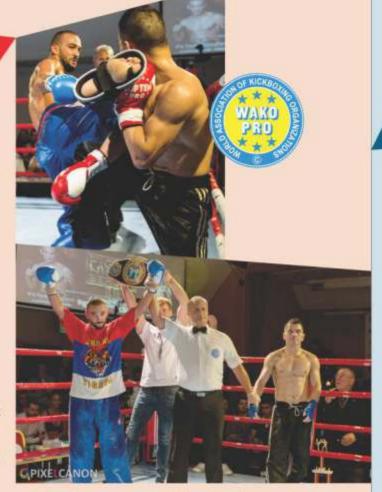
This was the first title defense of Petar Zivkovic who is also very successful in professional boxing holding CISBB WBC title.

There were really good fights before the title bout what was just enough to make a great atmosphere for the main event.

Step by step Zivkovic was closing the ring forcing Milton to go back. In one of his actions strong left hook finished in Milton's head and he was down. The referee did not count him down after this punch but in next action, Champion made two more and Milton was down again. This time, it was K.D., the first one.

Milton managed to survive this round even receiving some very hard punches.

Next round started like the previous one finished with strong punches from Petar Zivkovic. Milton was down again and that was another K.D. After few more strong punches from the Champion



and Milton's corner was forced to throw the towel inside of the ring.

The Champion Zivkovic showed class and he proved that at this moment he is the Number One.

> Srdjan Bugarcic WAKO PRO Technical Supervisor

WAKO PRO WORLD TITLE IN LOW KICK, 94.100 KG MARCH 11, 2016 SARAJEVO, BOSNIA AND HERZEGOVINA

The town Sarajevo hosted for the first time one WAKO PRO event - WAKO PRO World title bout in low kick, +94.100 kg.

It was the first title defense of World famous fighter
Dzevad Poturak. In his long and successful career, Dzevad was
fighting with very best K1 fighters all around the World. He
was never defeated in his homeland for 12 long years.

The fight started very slow. In the first round, we could see only a couple of good low kicks from Dzevad and some quality punches from Michal. Champion did not want to risk anything, he just wanted to play his own game waiting for Challenger to come. The same we could see in the second round. Only the fact that Michal was better in moving around the ring. The third round was the best one for Champion. He started to attack more often with double left punch and combination of punches and kicks. That round was all in favour of him. Unfortunately after this round from Dzevad's corner came out that he is injured, his right arm was in the bad situation. He could continue and he wanted to do it so badly. He never wanted to give up.

Dževad Poturak vs Michal Turynski





s never defeated in his homeland for 12 long years.

The fight started very slow. In the first round, we could see by a couple of good low kicks from Dzevad and some quality World Champion in low kick, +94.100 kg.

The decision of Judges was split. Two Neutral Judges scored one point in favour of Michal Turynski and Judge from Bosnia two points in favour of Dzevad Poturak.

Congratulations to new Champion but for sure congratulations and huge respect to Dzevad Poturak, great and brave fighter. He was also a main Promoter of the event, working on it for previous two months. Also, he was preparing and training for his big fight.

Respect to him and all that he gave to kickboxing for all these years.

Srdjan Bugarcic WAKO PRO Technical Supervisor WAKO PRO WORLD TITLE IN K 1 RULES, 94.100 KG
JULY 28, 2016
PRAGUE, CZECH REPUBLIC

New WAKO PRO
Champion

Great fight on great tournament would be the words to express what we could see in beautiful city of Prague on last July 27, 2016. Promoter of WAKO PRO World title on Prague's city beach "Zlute Lazne" on Vitava river has been Czech Full contact Union, represented by its Professional division (WAKO PRO Czech Republic) leaded by Mrs. Alena Hola, former WAKO World Champion. Promoter of Yangames tournament which hosted title bout has been Yangames represented by Mr. Adrian Smrcka.

The people who had worked very hard for this event and made it to be a great success are famous WAKO members, Mr. Jan Frana, one of the best WAKO referees, Mr. Petr Kares, well known WAKO fighter, medalist from World and European Championships and winner of many tournaments and Mrs. Monika Soukalova.

The main event on tournament was WAKO PRO World title defense in K1 Rules, super heavy weight. The title
holder was Mr. Petr Vondracheck,
former K1 WGP fighter, one of the best
European fighters of all times. This great
and experience fighter had to face
young and brilliant, top ranked WAKO

It was e
started.
The
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PRO fighter Sasa Polugic from Serbia. Sasa is current WAKO World Champion. He took the title on last years WAKO World Championships held in Belgrade.

More than 3.000 spectators on open air, were witnesses of great performance showed by both fighters.

First round started slowly with both fighters respecting each other but after the first minute Champion showed a part of his ability delivering hard low kicks.

Second round Petr started again with big low kicks but in one of this he was caught by massive straight punch from Sasa. Petr was in problem, Sasa continued with thunderous punches and it looked like Petr will be demolished. Everybody expected that Sasa will go forward with all of his weapons but he was to reserved in next round and Petr came back to the game again.

After three rounds small advantage was on Sasa's side. Then in fourth Petr has managed to continue with hard low kicks which bring him to win this round.

It was equal before the fifth round started.

The last round did not bring the best kickboxing because both of them were very tired but still it was very aggressive and hard round. At the end it looked like that it will be very close decision. And it was.

Winner and still WAKO PRO World Champion in K1 rules, +94.100 kg is Petr Vondracheck.

It was close fight and he won it just for one point. Sasa will remember this chance that he did not take for all of his life.

> Srdjan Bugarcic WAKO PRO Technical Supervisor



WAKO PRO title fight 27th February 2016, Jagodina, Serbia

## Aleksandar Konovalov (Serbia)

New WAKO PRO World champion Low Kick -64,500kg









The new WAKO PRO champion in low kick in - 64,5kg is Aleksandar Konovalov, Serbia.

He was superior in the fight against Andoni Iglesias, Spain. The fight was held on February 27th, in Jagodina, Serbia.

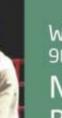
On the gala, there were five fights on the schedule, one for the WAKO PRO title. Traditionally, the arena was full with more than 6000 spectators.

The fight between the Spanish fighter and the domestic hero raised the excitement in the audience to the extreme. Two well-prepared fighters started with an explosive rally and after- party was the best thing ever. All the Gala participants, went on to the fifth round in the same rhythm. Technically a perfect match showcasing good exchange of punches and

kicks, excellent endurance of both of the fighters. The audience was delighted. It was too risky for the domestic fighter Konovalov to wait for any bombshell from the opponent and in the fifth round, he started in a furious rhythm. Speed exchange resulted in KO. The Spanish fighter was counted down. There was no hope he would get up. A great performance and one more fantastic WAKO gala night in Jagodina, Serbia.

However the evening did not end with the fight. The led by the two great fighters celebrated their friendship and sport in a beautiful restaurant.

Mr. Dragan Markovic, the promoter, once again was the embodiment of a good host.



WAKO PRO World title in Full contact, 85.100 kg 9th April, Caudebec en Caux, France

## Mathieu Lemair vs **Bojan Miskovic**

great title fight in France. This time host city was Caudebec en Caux, a small but very beautiful city on river Seine in Normandy. The Promoter of the event was Mr. Yohan Lemair, former WAKO World Champion, under the patronage of Mr. Eric Leclercq, WAKO PRO representative for France. Mr. Nasser Nassiri, WAKO Vice-president and President of WAKO Asia was also present as guest of honor

The title fight was WAKO PRO World On 9th April, WAKO PRO had another title defense in Full contact, -85.100 kg.

The sports hall was crowded with fans and program was very nice organized. After a couple of good and attractive fights in full contact, we came to the main event of the evening. On one side there was Mathieu Lemair (France) as Challenger and on the other side current WAKO PRO World Champion Bojan Miskovic (Croatia).

Bojan Miskovic was more active and more dangerous fighter from the first round. He used his boxing skills to come

close to Mathieu and to destroy his tactic to fight from the distance using his powerful kicks. Mathieu simply couldn't make it. Bojan was better in five out of twelve rounds and he gave an advantage to his opponent only in one round. The rest of the round were equal but with Bojan always more active and more aggressive. All the way Bojan was going forward keeping the pressure on Mathieu and scoring points with his punches. Mathieu gave his best that night but Champion was better and clearly won on points. The decision was by surprise split because of Judge from France, Mr. Langlais gave victory, with no reason, to Mathieu

Reported by: Mr. Srdjan Bugarcic

WAKO PRO World title, K1 rules Kosice, Slovakia - 04.06.2016.

## Malgorzata Dymus vs Veronika Petrikova



The Beautiful city of Kosice was the host of female WAKO PRO World title bout in K1 rules. The Promoter of the event was Mr. Peter Bonk, under the patronage of Ms. Michaela Kovacova, WAKO PRO representative for Slovakia and Slovak kickboxing union led by Mr. Peter Onuschak.

The title on the table was WAKO PRO World title in K1 rules, 56 kg.

The first round of the bout started

very lively and aggressive from both sides. Exchanging good strikes and kicks both fighters showed that they are ready to win the fight. The second and third round was in favor of Challenger. Petrikova was better, more active and she made advantage with good low kicks. After this two rounds, Champion Dymus was aware that things are not going well for her so she opened round with very good and powerful punches. All round she was chasing Petrikova and delivering strong punches and kicks. She won that round. The last round was the

one to decide the winner. Dymus started very strong but as time was passing by her attacks became weaker and that was the chance for Petrikova. She took the chance completely, she was stronger, more precise and more dangerous fighter in last round. She won clearly.

Judges: JAN FRANA (CZECH REPUBLIC) 50:47 in favor of Veronika Petrikova ZORAN SIMURINA (SERBIA) 49:47 in favor of Veronika Petrikova ROMAN MOZNY (SLOVAKIA) 50:47 in favor of Veronika Petrikova

Referee: MICHAELA KOVACOVA (SLOVAKIA)

Supervisor: SRDJAN BUGARCIC (SERBIA)

Reported by: Mr. Srdjan Bugarcic



WAKO PRO event Marmande, France

On 30th April, WAKO PRO had two title fights in Marmande in France.

The Promoter of the event was Mr. Laurent Mudry. The first title was WAKO PRO European title defense in Light contact, -69 kg. European title holder Andrea Chianese (ITA) defended his title in the very emotive fight.

Challenger David Jay from Marmande wanted to have revenge and to take the title away from Champion.

David started very well in the first round giving his best in the same beginning of the fight. But, Andrea was well prepared and after 5 rounds of a hard and very explosive fight, he won on points by split decision.

The second title fight was the main event of the evening and it was World title fight in Full contact, -48 kg. The title was vacant.



Amadine Mudry from Marmande got a chance as the WAKO PRO European champion to fight this title. Her opponent was Yulia Staforkina from Russia, ranked as No. 2 on WAKO PRO ranking in this weight class.

Yulia Staforkina is current WAKO World amateur Champion in Full contact, 48 kg. She took this title on World Championship held in Dublin last year. The opening round was a little bit slow with respect shown from both sides. From the second round, Yulia was very dominant in her boxing and she has landed many effective shots. As the rounds were going forward she was better and better. Amandine couldn't take the pressure and in the 5th round after a serious of big shots, her coach decided to stop this fight by throwing the towel. That was the end of Amandine's dream to became a WAKO PRO World Champion. That night Yulia was simply better.

New WAKO PRO World Champion in Full contact, -48 kg is Yulia Staforkina (RUS)

Reported by: Mr. Jan Frana

## WAKO President visited Moscow 26th-27th April 2016

# OF THE RUSSIAN OLYMPIC COMMITTEE

April was a month full of WAKO President's activities.

Besides of very important happenings in Lausanne on the Sportaccord convention, immediately after that WAKO President had already appointed meetings with Russian Olympic Committee representatives.

Visiting Moscow was very important for the WAKO in the process of IOC recognition. In the WAKO delegation were: WAKO President Borislav Pelevic, Mr. Yury Rindin President of WAKO Russia and Mr. Vadim Ukraintchev, WAKO Vice President.

The meeting with Mr. Aleksandr Zhukov, the President of Russian Olympic Committee was very pleasant and in a friendly atmosphere.

Mr. Zhukov was introduced with WAKO history and the current situation in the WAKO. It was stressed the fact that Russian Federation is the most successful country concerning results in all disciplines in the last ten years, on the European and World

Mr. Yury Rindin President of WAKO Russia, Mr. Aleksandr Zhukov, the President of Russian Olympic Committee, WAKO President Borislav Pelevic and Mr. Vadim Ukraintchev, WAKO Vice President

Championships and also World Cups.

Mr. Zhukov was introduced with the support letter WAKO got from the President of European Olympic Committee for the participation in the next European Olympic Games.

As for who will be the next host of European Olympics Games 2019, Mr. Zhukov expressed his concern that it is still uncertain that Russia will be the host and the next Organizer of the European Games 2019.

However, Mr. Zhukov expressed his assurance that if European Games 2019 will be in Sochi, Russia, then Russian Olympic Committee will support kickboxing to be participating sport in the Games. He didn't cover his great satisfaction with the fact of the success of his nation in the great organization such WAKO is.

It was agreed that if
European Olympic Games
should be organized in Sochi,
Russia 2019, than WAKO
delegation will be once again
hosted by the Olympic
Committee of Russia.

Very fruitful time in Moscow WAKO President used to have a conversation with Mr. Yury Rindgin and Mr. Vadim Ukraintchev on the basic level, concerning work in the WAKO Russia.

